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Wiyak'ik'ila - Winter - Anm

PO Box 489 Warm Springs, OR 97761

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Membership to elect new Tribal Council

Absentee ballots are expected to be in the mail within the next few weeks for the election of the Twenty-Eighth Tribal Council of the Confederated Tribes.

The election will be on April 4. For a number of reasons, there will not be a primary election for the Agency District (see the letter of explanation from Wasco Chief JR Smith on page 4). To the candi-

dates:

Spilyay Tymoo and KWSO will be providing information about the candidates to the membership, with a special edition of the newspaper and candidate interviews on KWSO.

You can submit a written statement and a photo to the Spilyay. If you don't have a photo to submit, we can take the picture. You can also email the statement and photo to:

david.mcmechan@wstribes.org

Or stop by the Media Center at 4174 Highway 3 in Warm Springs.

Statements should be limited to 250 words or fewer; as there are a total of 36 candidates.

Candidates can also schedule an interview with KWSO in January or February. Please call 541-553-1968 to schedule a time. The interview will take 15-20 minutes.

The Agency District nominees are (listed alphabetically): Mike Clements. Austin Greene Jr. Leona Ike. Anita Jackson. Jeremiah Johnson. Cassie Katchia. Dan Martinez. Carina Miller. Jeff Sanders Jr. Wilfred Sando. Dustin Seyler. Glendon Smith. Randy Smith. Lola Sohappy. Valerie Switzler.

See TRIBAL COUNCIL on 2

Shutdown closed BIA

The Bureau of Indian Affairs office was closed as a result of the partial federal government shutdown. This includes the Office of the Special Trustee.

Many federal workers had not been working since the part shutdown began in mid December. The clinic was on regular business hours.

The shutdown affected some federal grant processes of the tribes, such as Housing and Urban Development. The process went into a kind of holding pattern during the shutdown, said Chief Operations Office Alyssa Macy.

Ball field funding explanation

The following explains the Warm Springs ball fields funding request the tribes made to the Oregon Parks and Recreation Grants Division funding program. The program is called the Land and Water Conservation Fund, or LWCF.

This is a federal funding program providing about \$75 million in annual funding to all 50 states for outdoor parks and recreation

Warm Springs competed for LWCF funding, and was awarded \$360,500. There is a requirement that the tribes match that amount at 50 percent, either in cash or inkind services such as construction of areas and facilities that value up to the required match amount. So, the total amount of project funding is valued at \$721,000.

In November the LWCF program managers at Oregon State Parks contacted the tribes, saying there was a surplus in LWCF

They asked if the tribes might be in interested in adjusting their original budget request, and add more funds on a 50-percent-to-50percent matching basis.

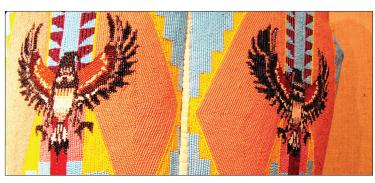
The offer to add more funding to the original grant application without having to write an entire grant proposal again was a rare and unusual opportunity. So here is the ballfield funding summary, as of late December:

· The most recent request for an adjustment in grant application funding is for an additional \$202,000 on top of the original award of \$721,000 for a new total of \$923,000, has not been approved and authorized as of December 28, 2018.

· Additional funding would go to construct for an eight fixtures restrooms with four flush valve type toilets and four laboratories (sinks), all accessible and unisex type near the future multi-purpose fields overlying the two 300 foot softball fields.

See BALL FIELDS on page 2

Show through January





Emily Courtney created the Painted Ladies series (below) for the Twenty-Fifth Annual Tribal Member Art Exhibit at the Museum at Warm Springs; while Travis Bobb created the green M&M in traditional regalia. At top is a detail from a beaded vest by Marge Kalama. The exhibit is on display through January.





New board will work on tribal housing at river

There are more than 30 designated tribal fishing sites along the mid Columbia River. The sites are a legacy of the federal government's construction of the dams on the Columbia.

The dams flooded the traditional fishing sites, and also destroyed homes and entire tribal villages.

The federal government for decades now has been obligated to provide housing for tribal members

who were displaced from their homes by the dams and reservoirs.

After the construction of the dams, the federal government rebuilt homes for non-Indians who were displaced, but nothing was done for the Native people.

Some of these tribal members have been living at the designated fishing sites, in conditions that are unsafe and unsanitary.

Then a few years ago, correct-

ing this long-standing omission became a priority of lawmakers from the Northwest. As a result of this effort, the U.S. Army Corps of Engineers is now working on a tribal housing project at the Columbia.

The Corps last year received \$1.8 million to develop a plan for the housing project. Details—the location and types of housing—will be worked out with the tribes: The Warm Springs, Yakama, Umatilla

and Nez Perce.

For its part, the Tribal Council has created a new Columbia River intertribal housing entity, with a possible name of N'Chi Wana Housing.

The board will work with other tribes and the Corps of Engineers on developing and implementing the tribal housing project at the Columbia.

See HOUSING on page 2



Beading during the break

More than 50 people young students to eldersjoined Prevention for two days of beading.

On the first day, at the Agency Longhouse, there were 35 people who signed up and made beaded key chains, said Jillisa Suppah, college intern working with the Health and Human Services Branch.

On the second day, at the Family Resource Center, another 15 people joined the craft project, Jillisa said.

She is hoping to hold another session soon at the Simnasho Longhouse.

"We wanted to do something over the winter break, alcohol and drug-free, and learning something new," Jillisa said.

She is a student at Portland State University, majoring in Social Work and Indigenous Nations Studies.



Dave McMechan/Spilyay





Tribes, ODOT renew W.S. TERO agreement

The Confederated Tribes last month approved a new memorandum of understanding with the Oregon Department of Transportation, the vital document for the Tribal Employment Rights Office, or TERO.

The agreement replaces the original Warm Springs TERO-ODOT agreement of March 2017.

TERO agreements are critical in ensuring tribal members, and members of other recognized tribes, have fair access to employ-

The jurisdiction of the

Warm Springs TERO, based at the Ventures offices at the industrial park, includes the reservation, and an area surrounding the reservation. The TERO has jurisdiction over federally-funded transportation projects in this large area of the region.

The purpose is to provide fair consideration and access to construction and other employment opportunities for tribal members. TERO also coordinates training programs for members.

ODOT projects within the Warm Springs TERO jurisdiction include highways 26 and 97, and part of I-5 in the Portland area. The Warm Springs TERO is the largest in the state.

The primary purpose of the TERO program is to enforce tribally enacted Indian Preference law to insure that Indian/Alaska Native people gain their rightful share to employment, training, contracting, subcontracting, and business opportunities on and near reservations and native villages.

The December 2018 Tribal Council Resolution, approving the new memorandum of understanding, states the policies behind the program:

"Unemployment on the reservation continues to be a problem of significant magnitude.

"The Tribal Council desires to improve employment opportunities for tribal members on public projects on or near the reservation.

"The Tribal Council desires to attract private employers to locate to Warm Springs to improve employment opportunities for tribal members."

Board, commisson vacancies

The Confederated Tribes are recruiting for positions on a number of boards and commissions.

Positions on the following tribal organizations are being advertised:

Warm Springs Credit (three positions, member and non-member).

Indian Head Gaming Board (two positions, member and non-member).

Tribal Employment Rights Office (TERO) Commission (three positions, tribal members).

Warm Springs Composite Products (two positions,

member and non-member). Warm Springs Housing Authority (one position).

The Museum at Warm Springs (three positions, member and non-member). Warm Springs Power and Water Enterprise (two

positions, member and non-member). Warm Springs Telecommunications (two posi-

tions, tribal members).

Warm Springs Ventures (one position, tribal mem-

Water Control Board (one position, tribal mem-

Joint Health Commission (two positions including one alternate).

Warm Springs Court of Appeals (four positions). Tribal Elections Board (one position, alternate).

Notices for each board or commission can be downloaded at the link below. The deadline for submitting required application documents is February 1, 2019.

https://warmsprings-nsn.gov/2018/12/announcement-recruitment-board-director-commission-vacan-

Interested candidates must submit a letters of interest, resume, background check form, and credit check form. Applicants can pick up the credit and background check forms from the executive management office. Or download at:

Http://bit.ly/CTWSBoardCommitteeInfo

All documents must be submitted to Michele Stacona, Secretary-Treasurer/CEO; PO Box 455, Warm Springs, OR 97761.

Or drop off at the executive management office at the administration building.

Tribal Council

(Continued from page 1) The Simnasho District

nominees: Charles 'Jody' Calica. T.J. Foltz. Priscilla Frank. Raymond Moody. Evaline Patt. JP Patt. Harold Pennington. Sal Sahme. Emerson Squiemphen. Aurolyn Stwyer. Jaylynn Suppah.

(Continued from page 1)

the following in some budget Items.

Lincoln Jay Suppah. Ron Suppah. Raymond Tsumpti. Levi Van Pelt.

The Seekseequa District nominees: Reuben Henry. Brigette McConville. Lee Tom. Gerald Tufti. Wilson Wewa. Martha Winishut.

Warm Springs wins Fifty-Fifth holiday tournament

Recreation hosted the Fifty-Fifth Annual Warm Springs Indian Men's Holiday Basketball Tournament,

December 27-29. Warm Springs won the tournament championship. Runner-ups were the United Tribes. And third place: The Northwest Hoopers from

Celilo; and fourth: Team Flight of Warm Springs.

The Most Valuable Player was Terrance Two Two of Warm Springs. Mr. Hustle: Dru Allen of the Northwest

The High Scorer was Sheldon Leonard, of the Tribesman, with 33 points. Top Rebounder: Terrance Two Two.

All Tourney

The All Tourney team was: Zach Aguilar of Warm Springs. Darius Jackson, United Tribes. Darrin Six, Warm Springs. Roman Hutt, United Tribes. Dru Allen, Northwest Hoopers of Celilo.

Damean Frank, Team Flight. Shelbert Chasing Crow, Northwest Hoopers. J'Von Smith, Team Flight. Lawrence Spino, Ish-Gee-Looksh. Galen Northrup, Tribesman. Dylan George,



Drummers at Recreation's December NDN Nite Out.

justed to meet anticipated project needs to better construct a

Medicine Society.

Project Component - Additional Funds -Combined **Totals** Items Landscape Architect/ Engineering Consultants \$22,000 \$60,000

Ball fields: funding explanation

first class ballfields complex on 11 acres of existing land.

In addition the following component line items were ad-

· Budget increase adjustments have been requested for

Install Underground Utilities \$10,000 \$53,000 Prep and Install sod grass \$22,000 \$157,600 Combination public rest-rooms at \$60,000 two locations \$226,000 Park furniture, picnic tables, players benches, etc. \$8,000 \$57,000 Soccer goals for up to 6 soccer fields \$120,000 \$6,000 Install automatic irrigation systems \$50,000 \$50,000

\$24,000

\$29,400

Total Adjusted

Project Management

Totals with 50% match \$202,000

Barrel Racing Champion



Marita Johnson won her division in the 2018 county barrel racing competition. She rode her horse Tick during the season of races. Tick was a horse that, as a young colt some years ago, followed Marita home. She adopted the animal, cared for it, and trained Tick in barrel racing, with great success.

Candle light vigil

The Sharing the Light Candlelight Vigil will be this Wednesday evening, January 2, from 5:30 to 7 p.m. at the Warm Springs Community Center.

This Community Healing vigil is presented by the Meth and Opioid Work Group.

There will be hot chocolate and cookies.

The evening is a chance to remember our loved ones. Find access to resources. Write a tribute to a loved one. Join in prayer. Light a candle for hope.

Together we can heal.. For information call Sarah at Behavioral Health, 541-553-3205.

Low Income Home Energy Assistance Program (LIHEAP) funds are available in Warm Springs.

Go by the Social Services the Commodity Warehouse for an application.

Warm Springs Community Calendar

Brought to you by KWSO 91.9 FM

Senior fitness class is Monday morning at 10:45 at the Senior Center. Participants are invited to eat brunch after.

And senior lunch is at noon. Seniors 60 and older eat for free; 59 and under are \$5, and youth under 13 are \$3 at the Senior Wellness Center.

There is Senior Fitness class on Wednesday morning at 10:45 at the Senior Center.

There is basketball at noon on **Wednesday** at the Community Center gym. Functional Fitness class is at 12:10 in the Aerobics room. PIYO class is also at 12:10 in the clinic atrium. and there's women's open gym tonight at 6:00.

Thursdays, there is Functional Fitness class at 10:45 in the Community Center social hall. Volleyball is at noon in the gym. Insanity class at 12:10 in the aerobics room; and open gym for men from 6:30-8:50.

The following is the schedule of sports activities coming up at Madras High School:

Thursday, January 3: Wrestlers travel to a meet at Mountain View at 5.

Friday, January 4: The girls' basketball squads play at Mountain View today. Boys freshman, JV and varsity host Mountain view at 4, 5:30 and 7

January 11: Girls' basketball play at Valley Catholic High School. Wrestlers are competing in Seaside; and freshman, JV and varsity boys basketball host Valley Catholic at 4, 5:30 and 7.

January 12: Wres-

tlers are at a meet in Seaside.

January 14: The girls and boys freshman and JV basketball teams play at Crook County High School at 5:30 and 7 p.m.

January 16: Boys basketball will travel to Corbett today; girls JV and varsity basketball host Corbett at 5 and 7.

January 18: Girls JV and varsity basketball play at North Marion High School tonight. Wrestlers are competing in Redmond; and Boys Freshman, JV and varsity basketball squads host North Marion at 4, 5:30 and 7.

January 19: Wrestlers are competing in

the Oregon Wrestling Class in Redmond.

January 22: Boys JV and varsity basketball play at Gladstone High School. Wrestlers compete in Sisters; and Girls Freshman, JV and varsity basketball host Gladstone.

January 25: The girls' basketball teams travel to Molalla today. Wrestlers compete in Cottage Grove; and boys' freshman, JV and varsity basketball host Molalla at 4, 5:30 and 7.

January 26: Wrestlers are competing at Cottage Grove. Boys freshman basketball is hosting the Madras Frosh Tourney.

January 28: Boys freshman basketball plays at Mountain View High School at 5:15.

January 29: Boys JV Boys and varsity vasketball har play at Estacada. Girls GI Freshman basketball 7. has a home game vs. Crook County at 4. Girls JV and varsity teams boy host Estacada t 5:30 trained 7.

February 1: Girls JV and varsity basketball teams play at Corbett today. Boys freshman, JV and varsity have home games vs. Corbett at 4, 5:30 and 7.

February 2: Boys freshman basketball are

on the road to the Gladstone Frosh Tournament. And it's the Madras Wrestling Invitational starting at 9:30.

February 5: Boys and girls freshman basketballs squads have games at Bend High School today at 5:30 and 7.

February 8: Boys freshman, JV and varsity basketball play at North Marion today; girls freshman host Mountain View at 4:00. JV and varsity girls host North Marion at 5:30 and 7. There is the wrestling Special District 1 Tournament.

February 9: Wrestling Special District 1 Tournament continues.

February 12: Freshman, JV and varsity girls basketball play at Gladstone High School. Boys JV and Varsity have home games vs. Gladstone at 5:30 and 7

February 14: The boys' basketball teams travel to Molalla; freshman, JV and varsity girls basketball host Molalla at 4, 5:30 and 7.

February 15: OSAA State Wrestling Tournament.

February 19: Girls JV and varsity Basketball

play at Estacada High School; Boys JV and varsity host Estacada at 5:30 and 7.

February 20: Girls
February 5: Boys and Freshman basketball
rls freshman basket- has a home game vs.

Mountain View today at 5:30; Boys JV also hosts Mountain View. Tip off is at 7.

February 22: Boys and girls basketball play-ins.

Listen to KWSO for Madras High School basketball, Friday, January 18, when the boys host North Marion. Tipoff is at 7. You can hear the broadcast on 91.9 FM. Or online at kwso.org, using the Tune In Radio app.

Listen January 22 when the girls host Gladstone. And on January 25 when the boys host Molalla.



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cocc.edu/madras 541.550.4100



Thank you to our wonderful community for the support during the past year.

Remember Winter term starts Jan. 7, 2019

In advance of College events, persons needing accommodation or transportation because of a physical or mobility disability, contact Joe Viola at 541.383.7775. For accommodation because of other disability such as hearing impairment, contact Disability Services at 541.383.7583.

Letters to the editor

To Agency District members

Dear Agency District mem-

The purpose of this letter is to follow up on the Agency District nomination meeting held in December, and the "motion to hold a primary election for the Agency District to identify the top eight candidates that will be advanced to the General Election on April 4."

As the Wasco Chief and permanent chairman of the district, I've determined that a primary election for Agency District candidates will not be held for the following reasons:

Non-representative and invalid vote

As of the September 2018 report of district voters, there are a total of 2,078 eligible Agency District voters, of which 1,283 are on-reservation voters, and 795 are off-reservation voters. The total votes cast for this vote on the motion to hold a primary election was 47 (Yes-29, No-18). This represents approximately 2 percent of all eligible district voters, if the vote was valid.

The validity of the vote was challenged in writing by an Agency District stating that the individuals voting did not have their age or district membership qualified prior to the vote. I concur that this was not a valid vote.

Insufficient time to hold a primary election ahead of the April 4, 2019 election date

The elections for the Twenty-Eighth Tribal Council will take place on April 4, 2019, and the Twenty-Eighth Tribal Council will be sworn in on May 6. To meet the provisions of Ordinance 44—Election, the election has to be held 30 days prior to the expiration of the term of office of the current Tribal Council, and provide voters a minimum of 60 days to change their registration or register to vote for the first time. The deadline to take these actions for all voters is February 3, 2019.

The proposed primary election is by definition an election: As such Ordinance 44 applies. Due to the timeline mandated by the ordinance, there is insufficient time to hold a primary election that meets the requirements of Ordinance 44 and does not result in disenfranchising tribal members that are voting absentee or offreservation. These ballots

are sent by mail and require sufficient time to be sent, received and returned.

Budget limitations

For each tribal election held, it costs the tribe approximately \$14,000. In the current budget there are not funds to support an additional election in 2019.

Conclusion

During the nomination meeting, 16 individuals accepted nominations to run for an Agency District seat. I strongly believe that each individual who has been nominated and is eligible to run should have the opportunity to participate in the process.

Further, I fully support taking actions that ensure the greatest participation of district members in the voting process. In the 2016 election, only 37 percent of all eligible voters from all three districts cast a ballot. It is my hope that in the upcoming election, at least 60 percent of all eligible voters in the Agency District (1,247) cast a ballot.

Finally, I support the request from the meeting attendees for an Agency District candidate forum, and have scheduled that for January 9, 2019 at the Agency Longhouse. Additional information will be posted in the coming days to help candidates to prepare.

Sincerely,

JR Smith, Wasco Chief.

The election schedule: February 3, 2019: Deadline to change registration or register to vote for the first time. April 4: Tribal Council election day. May 6: Swearing-in of the Twenty-Eighth Tribal Council. For more information on elec-

Warmsprings-nsn.gov/ program/elections/

Empowering

There has come the time when the message is "to prepare for what will be coming at our tribes in the future."

There are may compartments that effect our government and tribes in particular. The broader spectrum is to look outside the

Unwritten laws and written laws were put into place to protect, maintain and sustain our people. There was promise in the unwritten laws. Unwritten laws could never be changed, giving solid foundation to our "sovereign law." There are rules,

Spilyay Tymoo (Coyote News, Est. 1976)

Publisher Emeritus in Memorium: Sid Miller Editor: Dave McMechan

Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs. Our offices are located at 4174 Highway 3 in Warm Springs.

Any written materials submitted to **Spilyay Tymoo** should be addressed to:

Spilyay Tymoo, P.O. Box 489, Warm Springs, OR

Phone: 541-553-2210 or 541-771-7521

E-Mail: david.mcmechan@wstribes.org. Annual Subscription rates: Within U.S.: \$20.00 structure and responsibility for "all Indian people."

Therefore, the primary interest and focus I have to share is "Humanity Aspect," the inclusion—ownership and committed participation—and the responsibility and dynamics to strengthen our future generations and community development.

The linking collaborative resources are our Human Services departments, and our security of financial management to allow progressive order to occur. Professional working dynamics and structure bring an order to all things.

Everyday, I visit different public sights, community events, school personnel, church events and support groups. I witness the potential of giving and sharing, many skills being developed and people maintaining bonding relations. Many ideas are discussed and shared. This is the community leadership of all of our people. There is trust, faith and hope.

It is the people of Warm Springs making strides to attain small simple goals that effect our total community. We, the people can join hands to strengthen our people, our community "be as one people," to love and respect one another—the traditional practice. Generations coming along are looking and seeking structure, a model to follow, to stand firm on a good enforcing foundation.

Restore inclusion, ownership and responsibility to our people to become a power, positive mechanism to successful achievements.

Thanks to Simnasho Chief Delvis Heath: His message to our Indian people, logic and good common sense education.

There have been good leaders that paved the way for generations to follow. Continuity in future decisionmakers is key.

Good luck to all candidates to provide leadership for the people. There has to be professional working dynamics among all tribal members and working community resources, to maintain continuity in the structural plan. The greatest force of strength is individual involvement in **Howlak Tichum**

Remembering Judge Owen Panner

Federal Judge Owen M. Panner passed away in late December. He was

Judge Panner served many years as attorney for the Confederated Tribes, from 1955 until being appointed to the federal bench in 1980.

Judge Panner was born July 28, 1924 in Chicago. He grew up in Oklahoma, attended the University of Oklahoma for a time, and then enlisted in the Army in 1941.

After World War II, Judge Panner returned to the university, going on to law school on a golf schol-

He moved to Bend in 1949. Among his clients was the Confederated Tribes of Warm Springs. He served the tribes for 25 years. A 2004 Judicial Profile recounts:

Working for the tribes, "Judge Panner attended General Council meetings, which in the early days were held in the



Great Hall with dirt floors and one wood stove. Meetings were often conducted in Sahaptin and translated into English for Panner by an interpreter.

"Panner worked with the Tribal Council and worked closely with a loved but feared tribal member, Ella Wolf, the self-appointed 'meanest woman on earth.' His efforts on behalf of the tribes included establishing education trusts for children, investing in tribal development, overseeing the development of hydropower, overseeing the sawmill operation, helping with electrification for tribal residents, providing protection of

tribal fishing rights, and performing similar tasks meant to improve the tribes' future."

Through his work with the tribes, Judge Panner was offered the position of Commissioner of the Bureau of Indian Affairs under the Kennedy administration, a position he considered but declined.

Judge Panner served as a U.S. District Judge, and as Senior Judge from 1984 to 1990. He took senior status in 1992, though continued going to work twice a week until 2015.

The Oregon State Bar's litigation section presents an annual award for professionalism in honor of Judge Panner.

Judge Panner had a strong influence on the Oregon federal court. He encouraged succinct writing, collegiality among the judges, and apolitical decision-making-standards that remain today.

achievement. Empower the community with honest fairness to build trust among one and all.

Priscilla Frank

Now recruiting

Heart of Oregon Youth-Build is recruiting youth ages 16-24 years for the winter 2019 cohort, starting January 21.

Through the AmeriCorps service at YouthBuild the student can arn the AmeriCorps Segal Education Award worth \$1,566 towards post-secondary goals.

There is a 12-month commitment to the program, followed by a year of followup services.

You must attend one of these information sessions to be considered for the YouthBuild Program. (Please bring a government issued photo ID, birth certificate, and Social Security card to the information ses-

· YouthBuild program,

Tuesday, January 8, 5-6:30 p.m., 68797 George Cyprus Road, Sisters. · Thursday, January

10, 5-6:30 p.m., Prineville.

· Tuesday, January 15, 5-6:30 p.m., YouthBuild in Sisters.

Please reach out to YouthBuild at 541-526-1380. Or email: katie.bauer@heart

oforegon.org

For information contact Katie, program assistant, by email, or call 541-526-1380. Fish and Wildlife Committee, 3 to 5 p.m., conference room 3.

Land Use Planning, 9

a.m. to noon, conference

Monday, January 21:

room three.

Tuesday, January 22: Range and Ag Committee, 10 a.m. to noon, conference room 3.

Wednesday, February 6: Land Use Planning, 9 a.m. to noon, conference room 3.

For more information contact Tribal Council office at 541-553-3257.

Committees

The following are upcoming committee meetings of the Confederated Tribes:

Thursday, January 3: Fish and Wildlife Committee. Three to 5 p.m. in the administration building conference room 3.

Tuesday, January 8: Range and Ag Committee. Ten to noon in the administration conference room 3.

Wednesday, January 16:

Eagle art

The Confederated Tribes, PGE, Oregon Parks and partners are hosting a youth art contest for the 2019 Eagle Watch. Submissions are due by January 23. Youth can turn in artwork at school.

Art is preferred with bald or golden eagles, hawks, falcons, vultures and owls. For information contact Ranger Erin Bennett at 541-546-3412. Email:

erin.bennett@oregon.gov

Indigenous foods good for your health

Native foods and drinks are good for your health, and are proven to help fight cancer. Here are some of the best indigenous foods for a healthy life:

Berries

Native people continue to harvest berries. Some are widely known, like huckleberries, blueberries and blackberries. Others might be less familiar, like buffalo berries and chokecherries.

While the nutritional properties of berries vary, nearly all types are low in sugar and high in fiber, suggesting anti-inflammatory benefits and the potential to decrease the risk of colorectal cancer. Further, the phytochemicals and compounds found in berries



Huckleberries, healthful traditional food of the tribes.

have been found to protect cells at several stages throughout the cancer

Sage

stages.

Sage has been used since time immemorial as a sacred medicine. When properly used in a cultural context, the smoke from sage is said to have cleansing and protective properties.

Recent studies now show that ingesting sage as an herb can also help prevent a number of diseases, including certain types of cancer.

Several studies have linked the benefits of ingesting sage extract through tea. The compounds in sage have

been shown to fight prostate and colorectal cancer cells.

Leafy greens

The rich color in dark leafy greens is evidence of abundant vitamins, minerals, and phytochemicals which, like berries, when incorporated into a daily eating regimen, have been proven to help prevent lifestyle-related diseases and cancers.

Amaranth leaves are one of the most prominent and commonly found varieties of dark leafy greens that are actually Indigenous to North America and have been eaten by Native peoples for thou-

sands of years. This article was provided by the American Indian Cancer Foundation.

Candidate for Lincoln's Royalty

Greetings!

My name is Feliciana Conner and I am a candidate for Lincoln's Day Powwow Queen. I'm currently selling raffle tickets in the community.

I am 18 years old, and grew up in the Warm Springs community and of the Wasco, Umatilla, and Tohono O'odham tribes.

My birth mother is Essie Lawson (Warm Springs) and my father is Marcus Conner (Umatilla).

My maternal grandparents are Estelle Lawson (Brunoe) and Elliot Lawson.

My paternal grandparents are Marcus Stone Harrington and Kit Conner. My foster parents are Alyssa Macy and Ken Kippley.

I am a student at Central Oregon Community College where I am pursuing a degree in Nursing.

At school I participate in the First Nations Club, and in my free time I enjoy snowboarding and spending time outdoors.



Feliciana Conner, candidate for Lincoln's Powwow Queen.

This past summer I participated in a 22-day sea-kayaking and mountaineering course with NW Outward Bound, and completed a fourday 57-mile backpacking trip down the Rogue River with my foster

For the raffle, you can purchase facebook.com/simnashopowwow

tickets from me in person or through paypal (paypal.me/ felicianaconner). You can also purchase tickets from Alyssa Macy at the tribal administration building.

Learn more about the Lincoln's Day Powwow on Facebook at: facebook.com/simnashopowwow



Jayson Smith photos at Recreation's December NDN Nite Out.



Jury list for 2019

The following is the 2019 jury list for the Tribal Court of the Confederated Tribes of Warm Springs:

Alanis Ruiz, Dempsena Francine Adams Jr., Rodney Patrick Adams, Albert Dean Aguilar, Easton Regan Aguilar, Joseph Gabriel Aguilar, June Rosena Aguilar, Myntora L. M Aguirre, Bernavene Stella Allen Jr., Robert Lee Allen, Reynolds Allen, Shirley Allen-Johnson, Jenna Jodae Alonso, Josephine Ida Alonso, Wilma Ida Anderson, Gifford Lee Anderson, Ina Mae Anderson, Joseph Carl Anguiano, Alexis Ray Arthur, James Daniel Bagley, Donald Lee Bagley, Jaylynn Diane Begay, Destry Rae Begay, Julia Marie Berry, Bobbie Jo Binder, Jacob Howard Blackwolf, Angeline Diane Blueback, Kevin Anthony Bobb, Levi Bobb, Tahmaira Elaine

Boise Jr., Randolph Charles Boise, Jackson Earl Brisbois, Naomi Joann Briseno, Liandro Briseno, Susie Renee Brown, Martin Tanewasha Brown, Tamiesha Delrae Bruised Head, Sammy Kay Bruno, Jerrold Ernest Brunoe Jr., Cecil Daniel Bryant, Farrell Katherine Caldera, Aaron Ray Caldera, Jasmine Sheylenne Caldera, Nakia Marie Charley Jr., Earl Wayne Charley, Alias Earl Charley, Benjamin Earl Charley, Bonny Helen Charley, Buddy Alexander Charley, Celestine Mae Charley, Minnie Laurie Charley, Shamona Mae Jane Charley, Tricia Karlina Charlie Jr., Albert Chee Jr., Charlie Chief, Ina Kiya Clark, Ardis Juelle Clements, Denise Georgette Clements, Elaina Ann Clements, Jennifer Connie Clements, Luther Clements, Reggie T Clements, Rittni Frances Cortazar, Darylynne Leigh Cortez, Robert William

Courtney Sr., Steven Charles Courtney, Bernyce Kay Courtney, Sheryl Lynn Courtney-Rose, Lori Craig, Eric Bradley Craig, Shaylene Nicole Crooked Arm, Sharon Priscilla Cruz, Caroline Martinez Cuevas, Lillian Elvetta Cuevas, Marta Beatriz Culps Jr., Anthony Culps Jr., Sammy Lloyd Culps, Ronnie Joshua Culpus Jr., Emerson Culpus, Delina Delvine Danzuka Jr., Owen George Danzuka Sr., Owen G. Danzuka, Ashlynne Rochelle Danzuka, Charnelle Rose Danzuka, Rebecca June Danzuka, Romelle Renee David, Arlene Katelyn David, Seth O'bryan Dowty, Zachary James Edwards, Mileena Raelee Eguizabal, Elbrosia Ambrosia Esquiro, Izaak Jack Estimo, Jolene Foster, Dondi Leon Frank, Eileen Marcia Frank, Gail Lynn Frank, Gerald Ray Frank, Ida Carol Frank, Martin Rhoan

Jury list continues on page 9

Summary of Tribal Council

December 4, 2018

Bobb, Travis Reid

Roll Call: Chief Delvis Heath, Chief Joseph Moses (9:30), Chief Alfred Smith Jr., Chairman Eugene Greene Jr., Raymond Tsumpti, Valerie Switzler (9:40), Carina Miller, and Lee Tom. Alfredine Smith, Recorder.

Environmental Protection Agency Region 10 Government to Government meet and greet with Chris Haldick and Wenona Wilson.

Carbon credits/trust revenue review with Howie Arnett and Matt Hill.

Motion by Carina for a position letter to be generated by Tribal Council to Senator Ron Wyden and Senator Jeff Merkley opposing the nomination of Eric Miller to the Ninth Circuit Court of Appeals. Second by Raymond. Question: 7/0/0/, Chairman not voting. Motion carried.

Agenda amendment: Memorandum of Understanding between Oregon Department of Transportation and Confederated Tribes of Warm Springs presented by Wendell Jim, Tribal Employment Rights Office.

•Motion by Lee adopting Resolution No. 12,542 approving the Memorandum of Understanding

between the Oregon Department of Transportation and the Confederated Tribes of Warm Springs Reservation of Oregon as set forth in Exhibit A, and Tribal Employment Rights Office shall regularly report back to Tribal Council on implementation of said Memorandum of Understanding Second by Carina. Question: 7/0/0, Chairman not voting. Motion carried.

Cannabis update and resolution with Roderick Ariwite and Laurie Danzuka, Ventures.

· Motion by Carina adopting Resolution No. 12,543 approving the foregoing budget from tribal funds in the amount not to exceed \$2,000,000 and is hereby appropriated for transfer to Warm Springs Financial Strategies LLC with effective date of January 7, 2019. Second by Valerie. Question: 4/0/3, Chairman not voting. Motion carried.

Tribal Member concerns with Elder Council.

• Motion by Raymond authorizing a special per capita distribution in the amount of \$250 for each eligible member who appears on roll as of November 26, 2018. Second by Carina. Question: 1/1/5, Chairman not voting. Motion

tied.

•Chairman called for short recess to obtain legal advice from tribal attorney.

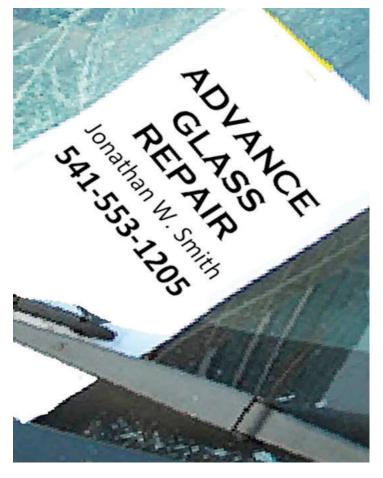
• Tribal attorney advised the Chairman can break the tie by casting a vote or can call for revote at the table. Chairman asked members at the table if there is reconsideration of their vote. Revote at the table: 3/2/2, Chairman not voting. Motion carried.

ried.

• Motion by Raymond adopting Resolution No. 12,544 authorizing a special per capita distribution on December 20, 2018 in the amount of \$250 for each eligible member who appears on the roll as of November 26, 2018, understanding anything over \$600 is taxable. Second by Carina. Question: 5/1/1/, Chairman not voting. Motion carried.

• Discussion at the table. Winona Strong raised a question if the balance of \$250 will be paid out next year, or do we have to go through this process again? Raymond. We need to read back on the minutes of what I made mention: \$250 now and in the event the carbon arrives then fall back on this next fall.

No further discussion. Meeting adjourned at 4:35 p.m.



January basketball at high school



The Madras frosh girls had a big win in December over Summit, 57-15.

The Madras High School girls varsity basketball team has two away games, this Friday, January 4 at Mountain View; and then on January 11 at Valley Catho-The girls return home on January 16 to host Corbett.

The boys varsity team has home games starting this Friday, January 4 against Mountain View; and then the boys host Valley Catholic on January 11.

The teams had tournaments during December, the boys traveling to Seaside and then Summit; and the girls at Summit.

The high school regular basketball seasons then end in mid February, followed by the tournament play-in games, and the State Tournament into early March.

Sports schedule at the Academy

Winter sports action coming up n at the Warm Springs Academy:

Academy Girls Basketball

January 17: Academy girls basketball is at Sisters. Game time at 3:30 p.m.

January 23: The girls play at home, hosting Elton Gregory Middle School. Game at 3:30.

January 29: The team plays at home against Obsidian Middle

January 30: The team is at the Jefferson County Middle School at

January 31: Home game against Crook County Middle

February 6: At home vs. Sis-

February 7: Elton Gregory Middle School in Redmond.

February 13: At Obsidian Middle School in Redmond. February 14: Girls basketball

at home against the Jefferson County Middle School.

February 20: At Crook County Middle School, Prineville.

Academy Wrestling

January 23: Academy wrestlers will compete at a meet at Jefferson County Middle School at 3:30.

January 29: The team has a meet at Pilot Butte Middle School.

February 5: At Crook County Middle School.

February 8: Wrestling will compete at the Central Oregon Middle School Classic, this Friday and Sat-

February 12: At Elton Gregory Middle School, 3:30 p.m.

February 20: At Obsidian Middle School

Elks hosting Hoop Shoot

Young people are invited to the annual Elks Hoop Shoot on Saturday, January 12 at the Jefferson County Middle School. Registration will be at noon and the contest will start

The Hoop Shoot is open to boys and girls ages 8-13 based on age on April 1. Winners will advance to the District Hoop Shoot in Prineville later in Janu-

Warm Springs has seen success in this youth free-throw competition: Last year Jaihline 'Cha Cha' Ramirez took the School and District competitions, and advanced to the Regionals. She won there in her age group, qualifying and advancing to the State Hoop Shoot.

If you would like more information on the 2019 Elks Hoop Shoot, contact coordinator Tammie Schongall. Her email is:

tammark1985@gmail.com

Basketball action on KWSO

Listen to KWSO 91.9 this Friday, January 4 when the boys varsity basketball teams plays Mountain View. Tip-off is at 7.

You can also listen online at

kwso.org, using the Tune In Radio

KWSO will also cover the boys game on January 11 when the boys host Valley Catholic.

Movin' Mountains 2019 begins in Jan.

The 2019 Movin' Mountain Slimdown Challenge runs from January 17 through mid May.

Cash awards will be given out in two-person team division, and individual divisions.

The Slimdown is open to anyone 18 years or older who lives or works on the Warm Springs Reservation or elsewhere in Jefferson County.

Registration and assessments will be at the Warm Springs clinic on Thursday, January 17 from 8 a.m. to 5 p.m.

There will be additional registration and assessments in Madras on Friday, January 18 from 8 a.m. to 6 p.m., and Saturday, January 19 from 9 a.m. to 2 p.m. at the Jefferson County Public Health Department.

If you are unable to make those dates, contact Carolyn Harvey at 541-475-4456. The last day to pay is January 19.

Adult basketball leagues starting

For a few more days, the Madras Aquatic Center Recreation District is taking registrations for its adult basketball leagues.

The leagues will run January to March. The registration deadline is Saturday, January 5.

For more information and registration, go to macrecdistrict.com Scholarship applications are avail-

able online at: macrecdistrict.com/adult-basketball/

Zone 6 scaffold, hook and line fishery

A commercial sturgeon setline fishery has been set, and platform and hook and line fishers may also participate in sales.

The season began on Tuesday, and runs through 12 p.m. on Thursday, January 31.

The open area is all of Zone 6, the Bonneville, The Dalles and John Day pools.

Allowed sales are sturgeon between 38 and 54 inches fork length in the Bonneville Pool, and from 43 to 54 inches fork length in The Dalles and John Day pools.

These fish may be sold or kept for subsistence use. Fish may be sold after the period ends if caught during the open period. Closed areas applicable to scaffolds and hook and line are in effect.

Bill targeting sea lions intended to help salmon

The U.S. House and Senate have passed a measure that will make it easier to kill sea lions that feast on protected salmon and steelhead in the Columbia River basin.

The bill will help protect the billions of government dollars already invested in salmon preservation, without causing long-term harm to sea-lion populations.

Other actions will certainly be

needed. But this bill offers an immediate life preserver to some of the region's chinook salmon, a crucial food source for the critically endangered southern resident

Federal researchers estimated that a quarter of last year's spring chinook inexplicably disappeared last year on their way from the mouth of the Columbia River to

Bonneville Dam, with sea-lion predation most likely to blame.

State officials say they would need to kill only a few hundred sea lions to make a difference. That would have little effect on the booming population of California sea lions, which has rebounded from about 30,000 animals in the 1960s to nearly 300,000 today.

New pact on Columbia River spill to help salmon

An agreement filed in U.S. District Court in Portland in late December establishes a new regime for spring spill of water over Columbia and Snake River dams to benefit young salmon in their migration to the sea, while enabling the Bonneville Power Administration to take better advantage of power markets.

The three-year agreement, reached after months of negotiations, enables increased spill for fish to swoosh over dams-instead of going through powerhouses—during hours when power

prices are low.

Then, the spill can be reduced, and more water run through generators, when prices are higher in daily markets.

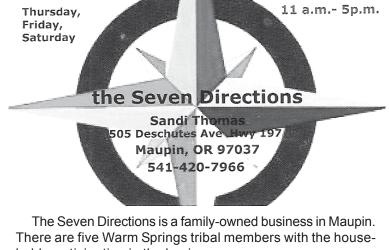
The intent is to increase the survival rates of salmon and limit the cost for the program to no more than was spent in 2018—and possibly less.

The pact, signed by BPA, the U.S. Army Corps of Engineers, Bureau of Reclamation, the states of Oregon and Washington, and the Nez Perce Tribe, is intended to last through 2021, when a court-mandated environmental review of river operations is expected to be completed.

The agreement calls for a pause in new litigation while it remains in effect.

Shannon F. Wheeler, chairman of the Nez Perce Tribal Executive Committee, said in a statement that in setting aside litigation, the tribe will focus on ensuring a full analysis of lower Snake River dam breaching during the agreement's term: "The tribe has long supported breaching the four Lower Snake River dams."





hold, participating in the business.

Warm Springs tribal members receive a 15-percent discount on Pendleton Woolen Mill products, including in-store items and catalog orders.

Thank you,

Al and Sandi Thomas, Amelio Yahtin, Rochelle tom, Latrell Charley, Michael and Alma Cuevas, and Oscar Thomas.

Physical therapist offers aquatic therapy sessions

by Alicia Oberholzer Physical Therapist, W.S. Holistic Health Clinic

While the healing properties of water have been accepted for centuries, the understanding of how aquatics can be used in rehabilitation is continually evolving.

Current evidence supports the use of hydrotherapy for a variety of ailments ranging from acute injuries to chronic pain and neuromuscular pathologies.

The following commentary will highlight how the unique properties of water are being used in physical therapy to improve pain, function, and quality of life.

Hydrostatic pressure

When a person is immersed in water, hydrostatic pressure creates a compressive force against the body.

This compression can help to reduce edema, provide natural resistance against respiratory muscles, improve venous return and support more efficient cardiac function.

In addition, the pressure of the water can help to stabilize joints, improve body awareness, and slow down movements that are more challenging on land. These combined advantages make the pool an ideal setting to safely practice walking or balance training with a therapist.



Alicia Oberholzer

Buoyancy

Buoyancy is a force against gravity that causes our bodies to be lighter in the water.

This means that a person can perform the same exercises as on land but with less loading through their joints.

Many people who have difficulty exercising or walking on land due to joint pain have an improved tolerance in the water.

To put this effect into perspective, by standing waist deep in the water, body weight is reduced by approximately 50 percent.

The deeper the body is submerged, the greater the effect. A person weighs only 25-30 percent of their normal weight with chest immersion, and only 10 percent when immersed to the neck.

Viscosity

As water is approximately 1,000 times as dense as air, it creates a natural resistance as the body moves through and against

This aquatic property supports an alternative environment for exercise, even for highly trained individuals. For an injured athlete, the pool can be an important component of maintaining fitness through their recovery.

Various studies have shown that aquatic exercise programs can lead to significant improvements in upper and lower extremity strength and power, maximum oxygen uptake (VO2max), calorie expenditure, and body composition.

In addition, research has concluded that deep water running can help to maintain or improve aerobic capacity in highly trained athletes as well as sedentary individuals. From a therapeutic perspective, this means that incorporating deep water running into a rehabilitation program can be an excellent way to stay in shape without aggravating injuries.

Temperature

Water is a powerful conductor and transfers heat 25 times faster than air. This means that the thermal effects of the water are easily transferred to the body.

The ideal temperature of the water depends on the treatment goal, though hot and cold can both can have a positive effect on pain.

Warm water creates an environment that supports relaxation, increased tissue flexibility, tone reduction, reduced blood pressure, and improved peripheral blood flow.

In contrast, cooler water water can be helpful to decrease swelling, improve healing, and reduce muscle soreness after exercise.

Alicia Oberholzer, a Physical Therapist at Warm Springs Holistic Health, is offering one-on-one Aquatic Physical Therapy sessions at the Madras Aquatic Center.

She earned her Doctorate in Physical Therapy from Regis University in 2015 and her Professional Certification of Clinical Competency in Aquatic Therapy through the American Physical Therapy Association in July 2017.

All aquatic therapy participants are required to have a referral from their medical doctor and must first participate in a full evaluation in the Physical Therapy Clinic to determine if they are a candidate.

If you have further questions, please contact Warm Springs Holistic Health at 541-777-2663.

Attention young artists

The museum at Warm Springs in February will host the Twenty-Sixth Tribal Youth Art Exhibit.

The museum is accepting artwork submissions through Friday, February 1.

Teachers are welcome to submit entire classroom projects. Individual art is also welcome.

The Youth Art Show is a chance for young people show their creativity.

There will be an opening reception for the Youth Art Show on Thursday, February 7 from 5:30 to 7 p.m.

For additional information talk to museum curator Natalie Kirk, 541-553-3331 ext. 412.



St. Charles' bringing comprehensive cancer services to Redmond

To increase St. Charles Cancer Center's capacity to care for patients, the health system board approved expansion of comprehensive cancer services in Redmond. Radiation oncology and cancer support services will open in Redmond alongside St. Charles medical oncology services.

"We are so excited to expand the services available to cancer patients in our region," said Dr. Linyee Chang, medical director of the St. Charles Cancer Center.

"Our patients currently travel from Warm Springs, Madras, Redmond, Prineville and farther for radiation oncology treatments. This is a hardship on patients who often need treatments for multiple days in a row."

Planning is underway for the expansion of services and more details will be decided in coming months. In addition to radiation oncology, St. Charles ultimately plans to augment support services for cancer patients in Redmond as well.

These services include oncology rehabilitation, massage, Reiki, acupuncture, social services, survivorship wellness programs, financial counseling, nutrition services and more.

Accredited by the National Accreditation Program of Breast Centers, the Commission on Cancer and the American Society of Radiation Oncology, the St. Charles Cancer Center offers high-quality care with incredible outcomes.

"We are proud to offer outstanding cancer treatment services for patients throughout Central Oregon," said Dr. Jeff Absalon, chief physician executive for St. Charles Health System.

"This expansion in Redmond is much needed and will provide greater access to care."

St. Charles Health System, Inc., headquartered in Bend, owns and operates St. Charles Bend, Madras, Prineville and Redmond. It also owns family care clinics in Bend, Madras, Prineville, Redmond and Sisters.

St. Charles is a private, not-forprofit Oregon corporation and is the largest employer in Central Oregon with more than 4,200 caregivers.

In addition, there are more than 350 active medical staff members and nearly 200 visiting medical staff members who partner with the health system to provide a wide range of care and service to our communities.

Apply now for OSU Extension Master Food Preserver Program

Applications are being accepted for Master Food Preserver volunteer training for 2019. Master Food Preservers help Central Oregonians make safe food preservation choices, avoid serious illness and help reduce food waste. The application deadline is February 14.

Oregon State University Service Extension offices are recruiting volunteers to participate in food safety and preservation training on Wednesdays, April 3 to May 22, 9 a.m. to 3 p.m. The fun, interactive training sessions will be at the OSU Extension/Deschutes County office at the Fairgrounds in Redmond. The program fee is \$75.

After an interview and acceptance into the program, trainees will receive an extensive resource notebook with the current, most reliable methods for preserving food safely at home. "Hands on" prac-

tice in the kitchen will help participants reinforce their knowledge and skills.

Master Food Preserver volunteer trainees agree to spend 48 hours helping local residents learn how to handle and preserve food safely during the food preservation season. Volunteer activities include conducting or assisting with public workshops, testing pressure canner gauges, and staffing exhibit booths at county fairs.

Persons interested in becoming a Master Food Preserver volunteer should review the Master Food Preserver program information and application link at:

extension.oregonstate.edu/deschutes/events/master-food-preserver-volunteer-program. If you have questions, call 541-548-6088. Or email: glenda.hyde@oregonstate.edu

Around Indian Country

United Keetoowah Band dealt setback in pursuit of new casino

The United Keetoowah Band of Cherokee Indians won't have the support of the city of Enid as it pursues a new casino in Oklahoma

The tribe asked the city commission to approve two agreements for the proposed development. But the idea was shot down at a city meeting last week.

One agreement called for the tribe to pay the city about \$11.8 million over seven years, while the other would require the tribe to pay 4.6 percent of the sales of food, beverage and non-gaming goods to the city. In exchange, the city would have supported the tribe's land-into-trust application for a 5.4-acre site.

The tribe could still move forward with the application. But lack of support at the local level could affect how the Bureau of Indian Affairs reviews the project.

It also could affect whether the state ultimately signs off. The tribe is pursuing the casino under the two-part determination provisions of the Indian Gaming Regulatory Act, meaning the governor's approval will be needed further down the line.

The United Keetoowah Band of Cherokee Indians was forced to close its casino in Tahlequah, Oklahoma, in August 2013 because the tribe was not authorized to conduct gaming at the site. Photo: Keetoowah Cherokee Casino

The tribe previously operated a casino at its headquarters in Tahlequah. But the facility had to shut down due to litigation filed by the Cherokee Nation.

The Cherokees argue that their consent is required before land within the historic Cherokee Reservation can be placed in trust for any other tribe. The Bureau of Indian Affairs disagreed with that contention and began approving land-into-trust applications for the United Keetoowah Band during the Obama era.

A federal judge, however, sided with the Cherokees in a May 2017 decision.

Meth & Opiate Work Group Present:

A CANDLE LIGHT VIGIL Sharing A Light



For Community Healing
Remembering Our Loved Ones...

to Resources. Write a tribute to a Lox

Find access to Resources - Write a tribute to a Loved One Join in Prayer - Light a candle of HOPE...

Wednesday - January 2, 2019 5:30 to 7:00 pm Warm Springs Community Center

Together we can heal...



1 2 0000 P

Artist's *Good Cents* commemorates bottle bill

Most everyone in Oregon returns bottles and cans, because of the 10-cent refund per bottle or can. The state passed the law in 1971, the first such legislation in the United States. The law has greatly reduced roadside litter and landfill space: People return more than 90 percent of the containers that are covered by the law.

The Oregon Environmental Council works to protect the water, air and land of the state. The Council recently celebrated the Oregon Bottle Bill with the unveiling of a new sculpture—called Good Cents—at the state capital.

Renowned artist Lillian Pitt created the sculpture with Mikkel and Saralyn Hilde. Ms. Pitt commented:

"Most Native American people feel as if they are stewards of the earth. I myself was taught about my ancestors and our commitment to the earth from the time that I was a small child."

She added: "We hope that when people see this sculpture, they will think about the issues we face. And we hope that people can develop a greater understanding between the need to protect our en-



Lillian Pitt at work on Good Cents public sculpture in Salem.

vironment and survival."

Good Cents is located in a park near the intersection of Church and Trade streets in downtown Salem. The work is the second of four public art installations in the Oregon Environmental Council Art of Loving Oregon series, celebrating the state's legacy of environmental protection.

At the dedication ceremony of Good Cents, Council board member Doris Penwell noted that the Bottle Bill was one of the group's first accomplishments.

"We were living in a throw-away society at the time," Ms. Penwell said. "Passing the bill represented

the first of many steps in our journey to sustainability."

Good Cents sculpture in Salem.

The City of Salem is to be thanked for partnering in the placement and dedication of the sculp-

Dave McMechan

Housing: tribal residents went uncompensated

(Continued from page 1)

Some of the provisions in the resolution creating the river housing entity:

The board membership of N'Chi Wana Housing will include, at a minimum, representation from those with ancestral ties to the Columbia River that lost housing as a result of construction and operation of the federal hydropower system in the area now known as Zone 6 on the Columbia River.

The Tribal Council shall have the option of holding one seat on the N'Chi Wana Housing Board of Directors with the authority to delegate such participation to the Warm Springs Housing Authority or other Columbia River tribal representative.

N'Chi Wana Housing can accept funds from federal agencies, state agencies, private foundations and other sources, when not in conflict with funding efforts of the Columbia River tribes. N'Chi Wana Housing will not rely solely on financial resources from any other tribal housing authorities' Indian Housing Block Grant, or other types of tribal funds.

N'Chi Wana Housing will adopt a comprehensive housing plan based on a community needs assessment that also supports the Warm Springs Housing Authority. N'Chi Wana Housing will provide a broad range of housing services, including affordable housing, improvements for health and safety concerns, immediate emergency housing needs of families living in unsafe and unsanitary conditions, new home ownership, down payment assistance, economic and community development, etc.

The resolution also contains provisions explaining the circum-

stances that have led to the present housing plan:

The federal government constructed dams on the Columbia River that had a disastrous effect on the anadramous fish, their habitat and water quality, and resulted in the loss of villages, homes and sacred fishing grounds that were vital to maintaining important traditional and spiritual values.

Numerous non-tribal communities along the river received replacement housing, village infrastructure, and relocation assistance as a result of the construction of Bonneville, The Dalles and John Day dams.

Warm Springs tribal members continued to reside on the Columbia despite losing their houses and villages, and continue to reside on the river today, often in deplorable conditions.

January

Wiyak'ik'ila

Ichishkiin snwit (Sahaptin Language)

Ichachachaq Aklmin

REFERS TO A COLD MONTH

Kiksht awawat (Wasco Language)

Tamunadu muha

Numu (Paiute)



chishkiin snwit (Sahaptin Language)

Chaxelxix

Kiksht awawat (Wasco Language)

Tomo Numu

Numu (Paiute)

COCC Warm Springs classes start next week

Central Oregon Community College's winter term adult basic skills classes in Warm Springs begin the week of January 7.

Go to a class January 7 or 9

to register for Communications.

Attend January 8 or 10 to register for Math. This orientation is

required to enroll in the classes. The orientations are at 1 p.m. at the Education Building. There are also classes in Madras. Orientations are on the same days at 5:45 p.m. in room 117 at the Madras Campus.

Higher Ed reminder regarding scholarships

Warm Springs Higher Education reminds students who plan to apply for the tribal scholarship that you should apply for FAFSA, the State Need Grant and Oregon Opportunity Grant before March 1 to be eligible for more funding.

The tribal scholarship early bird deadline is May 1.

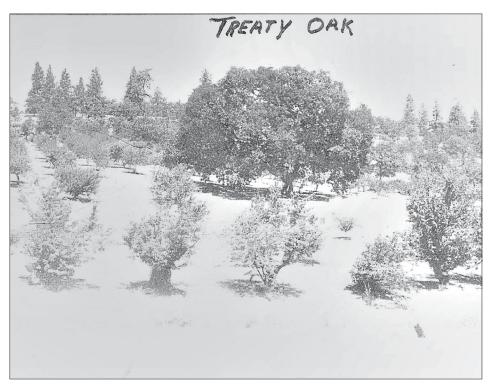
Students who turn in application packets by this date will be eligible for certain school supplies. The regular deadline is July 1. Talk to Carroll at the Higher Ed office for more information, 541-553-3311.

On February 22 there will be FAFSA workshop at Madras COCC, Room 120 from 2-3 p.m.

This is your opportunity to get some assistance to help you complete your FAFSA online or Oregon Student Aid.

Warm Springs Vocational Rehabilitation offers assistance to people with disabilities. You can learn about options by calling 553-4952. Vocational Rehabilitation is located in the old boys dorm.





Governmental Affairs director Louie Pitt came across this photograph, found at Wasco County Museum at The Dalles.

The location of the tree is about a mile up Mill Creek in The Dalles. It is on property called the Treaty Oaks Orchard, formerly owned by Jean Peterson.

Some time ago Louie visited the site, which at the time had the old dead oak still standing. The the last time he went to site the dead stump had been removed and regular trees planted.

One of the displays at the Museum at Warm Springs is also believed to be from the old tree, and a gavel and base made from the oak are displayed in the administration lobby. The caption of this photograph reads:

'The Treaty Oak on the Denton-Nielson place on Mill Creek. The 1855 Indian Treaty was signed here, and which Theodore Mesplie witnessed along with Charlie Denton and Lafayette Caldwell, who were his only neighbors in 1855, on Mill Creek.'

Employment

The following jobs were advertised recently with the Warm Springs Human Resources Department. Applicants are encouraged to attach cover letter and resume with completed application.

Incomplete applications will not be processed.

Questions regarding application process can be directed to 541-5533262. For full job descriptions see: warmspringsnsn.gov

Human Resources

Compensation and Benefits coordinator -Contact Cheryl Tom 541) 553-3262.

Health and Human Services

Prevention Coordinator Trainee - Ron Hager 541-553-3205.

Community Health Information Specialist -

Senior Wellness Center - In Home Care Worker -Lucille Schuster 541-553-3313.

Senior Wellness Center cook - Lucille.

Children's Protective Services - Specialist -Cecilia Collins 541-553-3209.

Tribal Head Start -Home Visitor - Jodi Begay 541-553-3241.

Head Start - Teacher's Aide - Jodi Begay 541553-3241.

Tribal Day Care Teacher - Bernie Aguirre 541-553-3241.

Behavioral Health Center - Certified Recovery Mentor - Misty Kopplin 541-553-3205.

Substance Abuse Treatment Specialist -Darryl Scott - 541-553-3205.

Children's Mental Health Specialist - Darryl. **CPS - Protective Care**

Provider - Reona Trimble

541-553-3209.

Limited Duration Bus Driver - Austin Greene 541-553-3243.

Natural Resources

Wildland Fire Module Crew Member - Josh Sohappy 541-553-1146. Wildland Fire Module

Squad Boss - Josh.

Conservation Law Enforcement **Ranger** - Oswald Bear Tias 541-553-2100. **Public Safety Branch**

Corrections Officer -

Ron Gregory 541-553-3272. **Public Utilities**

Custodian - Soloman Stewart 541-553-3246. **Tribal Management**

Director of Administrative - Michele Stacona 541-553-3212.

Indian Head Casino

Cage Cashier. Cage Main Bank Cash-

Count Team Member. Revenue Auditor. Security Officer.

In the Tribal Court of the Confederated Tribes of Warm Springs

Please note: All hearings are conducted at the Warm Springs Tribal Court.

Confederated Tribes of Warm Springs, petitioner, Billy Berry-Speakthunder Sr., respondent. Case no. FG23-18. To Billy Berry-Speakthunder

You are hereby notified that a bench probation review has been scheduled with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for February 18, 2019 at 10 a.m. If you fail to appear as so ordered, you may be charged with contempt of court and warrant may be issued for your

PROBATE

In the matter of the estate of Jacob Frank Sr., W.S., U/A, deceased. Estate no. 2012-PR28. The affidavit of giving notice of final account and order setting time filing objections was posted on **De**cember 13, 2018.

In the matter of the estate of Russell Billy Sr., non member, deceased. Estate no. 2015-PR16. To Redine Billy, Marlene Billy-Comenout, Jacob D. Billy, David R. Billy, Michelle Billy: You are hereby notified that an informal probate hearing is scheduled for January 14, 2019 at 9:30 a.m.

In the matter of the estate of Victoria A. Muldrow, W.S., U/A, deceased. Estate no. 2018-PR41. To Dempsena

Alanis-Ruiz, Angela Polk and Tyrone Muldrow: You are hereby notified that an informal probate hearing is scheduled for January 21, 2019 at 4:30 p.m.

In the matter of the estate of Allen A. Langley Sr., non member, deceased. Estate no. 2014-PR09. To Maxine Clements, Larry Langley, Marita Johnson, Cinda Lu Bobb, Lori Fuentes and Noree Guerin: You are hereby notified that an informal probate hearing is rescheduled for February 4, 2019 at 10:30 a.m.

In the matter of the estate of Deborah Scott (Brown), W.S., U/A, deceased. Estate no. 2018-PR07. To Vera Pill, Amanda Smith and Roland Kalama III: You are hereby notified that an informal probate hearing is scheduled for

March 25, 2019 at 9:00 a.m.

In the matter of the estate of Edward Spino Jr., W.S., U/ A, deceased. Estate no. 2017-PR21. To Rosaline Moran, Roxanne Begay, Raydine Spino, Louis Spino, Jacqualine Spino, Julianne

Bonser, Stephanie Herrera, Francis Spino Jr., George Spino, William Spino, Roger Stwyer Jr., and Joel Thompson Sr.: You are hereby notified that an informal probate hearing is rescheduled for February 4, 2019 at 10 a.m.

Jury list for 2019

(Continued from page 5) Frank, Melinda Ann Frank, Priscilla Frank, Sarah Jean Frank, Socorro Vanessa

Frutos, Rosamaria Frye, Jenaea Michelle Fuentes Jr., Anton

Fuentes, Andy Ray Fuentes, Anthony War-

Fuentes, Lori Louise Fuentes, Louisa Eliza-

Galan, Randi Yorel George, Deborah Joy George, Isaac Daniel George, Vanessa Ruby George, Winona Marie Gilbert, Douglas

Gilbert, Evelyn Alice Gilbert, Mallory Chris-

Gomez, Samantha

Graybael, Lynn Marie Graybael, Ricky Herbert

Greene III, Eugene Arron Greene, Justin Myles Greene, Tianna Lynn Greene, Wendell Eric Greene-Boise, Berna Lou Harvey, Windy Nicholas Haskins, Julia Dahlana Hatlestad, Jessi Valjon Heath, Delvis Nathaniel Heath, Jerrod Isaac Heath, Johnson Nixon Heath, Julia Heath, Keena Starr Heath, Weston James Hellon, Leo Anthony Hellon, Lewis Frederick Henderson, Paul Bruce Henry, Alexandria Sallie Henry, Heleana Alexis Henry, Leah Holliday, Michelle Julia Holliday, Morris Donald Hoptowit, Donald Jay Hoptowit, Dondi Packy Hoptowit, Mary Ashley Hoptowit, Shirley Joy Hudson, D. W. Hurtado, Elana Fay Ike, Kelli Griffin Ike, Sarah Patt Jack, Selena Tonya

Jack, Vangelique Catherine Jefferson, Valdimire Vernon

Jensen, Timothy James Jim, Gladys Ramona Jim, Jason James Jim, Lyman Jim, Michelle Rae Jim, Patricia Allen Jim, Raymond Lee Johnson, Leanne Danielle Johnson, Racin Jason

Johnson, Radine Marietta Johnson, Una Tess Johnson-Bisland, Roxanne Marie

Kalama, Andrea Ila Kalama, Charles Martin Kalama, Scott Farrell Kalama, Shanell Martina Kalama, Simon Gregg Kalama, Whitney Lynn Katchia, Damion Christo-

Keo, James Allen Kirk Jr., Oliver Leo Kirk, Merle Anne Pahteanz

Kirk, Natalie G Kirk, Roberta Joy Kirk, Willie Sittinghorse Knight Crane, Vanessa Frances

Lawson, Estelle Gilla Leclaire, Johnnie James Leclaire, Kim Lorna Leclaire, Louis Dean Leonard, Jordan Taylor Longknife, Bridget

Lawrence, Carol Ann

Lawrence, Candra Vanee

Charmaine Lopez, Beatrice Lopez, McKinley Luis Lopez, Ramona Antonia

Lucei, Brandon Lee Lujan, Andrew Wesley Martinez, Carl Benjamin Martinez, Daniel McEwen, Barbie Lynn McGill, Adena Rae McGill, Debra Lynn McKinley, Edna Louise McKinley, Madeline Ruth McKinley, Rosanne Vir-

Medina, Alexa Christel

Medina, D'Covyn James

Medina, Lorena Lynette Medina, Sirena Carleen Medina, Thomas Neil Miller, Marlen Ray Miller, Mercedes Martha Miller, Paula Jo

Miller, Shari Ann Minnick, Sidney Papaluit

Minthorn, Cherae Patrice Minthorn, Dechelle

Delea Mitchell Jr., Anthony Owen

Mitchell, Robinson Ted Moody, Keith Duane Morales Jr., Jose

Guadalupe Morning Owl, Neal

Morning Owl, Rolin

Moses, Jered Oliver Moses, Joann

Nelson, Donminic

Northrup, Tiana Ruth O'reilly,

Glenna Picard-Smith, Denise Gail

> Plazola, Vanessa Ranae Poitra, Melinda Nell Polk, Annette Susan Polk, Jerry Corbett

SWTRs Turbidity Exceedence Notice

Important information about your drinking water

Warm Springs Water System PWS ID#104101247—Did not meet treatment requirements—Turbid-

Our water system recently violated a drinking water requirement. Although this was not an emergency, as our customers, you have a right to know what happened, what you should do, and what we did, and are doing, to correct the situation.

We routinely monitor your water for turbidity

(cloudiness). This tells us whether we are effectively filtering the water supply. Water samples for October 2018 showed that 13.77 percent of turbidity measurements were over 0.3 turbidity units (NTUs) the standard is that no more than 5 percent of samples may exceed 0.3 turbidity units per month. The turbidity levels are relatively low. However, their presence is a concern. Normal turbidity levels at our plant are 0.3 units.

What should I do?

There is nothing you need to do. You do not need to boil your water or take other actions. We do not know of any contamination, and none of our testing has shown diseasecausing organisms in the drinking water.

If you have a severely compromised immune system, have an infant, are pregnant, or are elderly, you may be at increased risk and should seek advice from your health care providers about drinking this water. General guidelines on ways to lessen the risk of infection by microbes are available from EPA's Safe Drinking Water Hotline at 1-800-426-4791.

What does this mean?

This is not an emergency. If it had been, you would have been notified within 24 hours. Note: Turbidity has no

health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease causing organisms. These organisms include bacteria, viruses, and parasites which can cause symptoms such as nausea, cramps, diarrhea, and associated headaches. These symptoms are not caused only by organisms in drinking water. If you experience any of these symptoms and they persist, you may want to seek medical advice.

What is being done? Water treatment plant

operators have been working in conjunction with the engineers and staff from Indian Heath Services to resolve the issues at the water treatment plant, and have recalibrated turbidity meters on December 6. We are currently jar testing to determine the best chemical and dosage available to treat the raw water. We are also working under the advisory of the Environmental Protection Agency and the Oregon Health Authority to minimize any event(s) in the future.

For more information, please contact Travis Wells, Branch of Public Utilities general manager, at 541-553-3246. Or email: travis.wells@wstribes.org

Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools and businesses). You can do this by posting this notice in a public place, or distributing copies by hand or mail.

This notice is being published by the Warm Springs Water System. State Water System ID#10410247. Dated: December 26, 2018.



Indian Head Casino paid a visit over the holidays to High Lookee Lodge, where the casino staff presented lovely wreaths to the residents at the lodge.

The Jefferson County winter shelter provides a safe cold weather shelter this winter in Madras.

The shelter will be open at the First Baptist Church, Iocated on Sixth Street during December. Hours are from 6 p.m. to 7 a.m. on especially cold nights. Call 541-325-2478 to find out if the shelter will be open.





HOMEMADE soups daily...stop by and get something warm today!!!

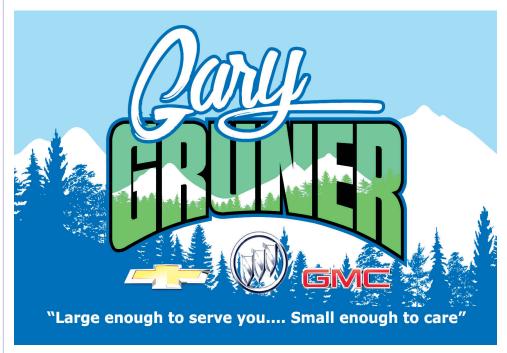
Beads, Native American Gifts, Deli, Grocery, Ice, Fishing Permits, Western Union, Check-Free Bill Pay, ATM and much more!

> 541-553-1597 2132 Warm Springs Street, Warm Springs, Oregon

REUSE IT THRIFT STORE & CAFÉ



2130 Warm Springs Street, Warm Springs, Oregon































See Players' Club for details. Management reserves all rights.





