**Tribal Council ballots mailing**

Governor sides with tribes on 1865 document

The tribe this week mailed out the 2019 Tribal Council ballots for the out-of-town voters. This edition of the Spilyay includes statements from some of the candidates (starting on page 6). The selection will be on April 4.

The Agency District candidates are Mike Clement, Austin Grooms Jr., Leona Raa, Bobbi Jackson, Cawzie Kutchka, Dan Martinez, Carey Miller, Jeff Sanders Jr., Wilfred Sandus, Dustin Seyler, Glendon Smith, Randy Smith, Lesa Tscheppey, and Valerie Switzler, and Marcia Solie (write-in). The Simnasho District candidates are Levi Van Pelt, Raymond Trumpeter, Charles Calica, Ron Suppah, Sal Salm, JP Parp, Jayloun Suppah, Lincoln Jay Suppah, Raymond Moody, Harald Pennington, Emerson Squashpaw, TJ Foxley, Freedom Pepper, Amoslyn Seyler, and Picnella Frank. The Seekonequa District candidates are Rachel Haines, Lee Tom, Martha Winishut, Wilson Weva, Gerald Tafi, and Brigett McConville.

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Tribal Council recently welcomed Oregon Governor Kate Brown for discussion of tribal treaty rights. A point of focus was the “Huntington treaty of 1865,” a document that has never been recognized by the tribes or federal government.

The Treaty of 1865 created Warm Springs Reservation. It was a celebration of the community and the future the tribes would have. It was a point of pride for the Warm Springs tribes.

In the mid-1990s the tribes and the present federal government recognized only the Treaty of 1855 to resolve outstanding treaty rights. As a matter of policy, the Forest Service recognizes only the Treaty of 1855 as the binding law of the land.

Federal agencies have considered, for example, a 1997 U.S. Forest Service report concludes: "The Treaty of 1855 remains the only document describing the rights of the Warm Springs tribes. As a matter of policy, the Forest Service recognizes only the Treaty with the Tribes of Middle Oregon, 1855.”

Spilyay Tymoo

February 13, 2019 - Vol. 43, No. 4

Winter – Anm

Coyote News, est. 1976

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Wiyak’tikwila – Winter – Anm

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Metro seeks Indigenous Community Liaison

Portland Metro Parks and Nature is seeking an indigenous community liaison. Position overview:
Coordinated Indigenous community members’ engagement on Parks and Nature policy, and project development and implementation.
Coordinate the Parks and Nature use permit policy and process to ensure that Metro has appropriate access to the parks and natural areas that Metro manages.

Call to Artists

The month of April at Art Adventure Gallery will feature the many talented artists who live and around Jefferson County. Any artist may submit up to four pieces in any medium. Two-dimensional work should be framed, wired and ready to hang. Application forms will be available at the gallery or may be downloaded from the website.

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The Warm Springs Meth and Opiate Work Group completed their first Tribal Council candidates forum last week. The forum would not have been possible without the guidance of Alyssa Macy. Twenty-two Tribal Council candidates participated in the Meth and Opiate Work Group forum.

The Warm Springs Meth and Opiate Work Group forum was preceded by a presentation by Lt. Starla Green. Each candidate was asked the following four questions: Do you support the marijuana ballot initiative? Would you support bans on the open sale and distribution of meth? How would you mandate treatment for repeat offenders? What is Meth Contamination? The questions were mandatory, two questions, and allowed two minutes to answer. The forum began with a welcoming by Lt. Starla Green. Candidates were then introduced, each speaking for two minutes to introduce themselves and gave a brief background summary of their previous education, their previous experiences, and their previous jobs.

The following candidates participated in the Meth and Opiate Work Group forum:

Carlos Calica, by Dr. Ron James. Drug Trends in Warm Springs by Dr. Bryn Thompson. Damaging Effects to the Brain by video presentation by Sarah Frank. Choosing by Ron James. How to avoid the Meth and Opiate Work Group forum.

The Meth and Opiate Work Group developed the questions.

The questions were then asked, and candidates were allowed two minutes to answer.

The forum continued with a series of questions about the guidance of Alyssa Macy. Each candidate was then asked the following four questions: How would you create a pathway toward helping our community? Are you planning to deal with the main sources of the drug? Did you identify the four questions following below. Would you be willing to do an intense training on prevention of meth and background summary?

The forum continued with a series of questions about the culture.

The following candidates participated in the Meth and Opiate Work Group forum:

Carlos Calica gave the closing statement, followed by the questions about the culture.

The overall Forum was 60 percent rated Excellent. Twenty-percent rated the forum as good; and 10 percent said it was average. As a voter, how useful was the forum? Seventy percent said excellent; 20 percent rated good; and 10 percent rated average. We would like to acknowledge our present Meth and Opiate Work Group members: Danielle Wood, Collette Macy, Suzi Mitchell, Deanie Johnson, John Brown, Michael Martinez, Raylene Thoms, Alyssa Macy, Carlos Calica, and Raylene Thomas, Alyssa Macy, and Sarah Frank.

The Meth and Opiate Work Group developed their previous education classes and events.

The Oregon Community Foundation, the Warm Springs Housing Authority, Board Spring, Warm Springs Water and Water Enterprises, the Madras-Living Hope Church, Danielle Wood, and Victims of Meth and Opiate Work Group.

Upcoming events: Victim Impact Panel, which will take place on March 1 from 9 to 11 a.m. at the Housing Conference room.

Thurday, February 14
Warm Springs Spring Community Calendar
Brought to you by KWSO 91.9 FM

President’s Day. It is a day to honor the memory of the brave American soldiers who served in the Armed Forces. It is a day to remember the sacrifices of those who gave their lives for our country. It is a day to reflect on the importance of freedom. It is a day to come together as a nation and reflect on the values that our country holds dear.

Friday, February 15
Friday, February 15-16: Oregon School Activities Association District 5 Basketball Tournament.
Friday, February 15:
MADRAS: Boys basketball plays at Molalla.
SOUTHWEST OREGON: Boys basketball plays at Estacada.

Upcoming events: Victim Impact Panel, which will take place on March 1 from 9 to 11 a.m. at the Housing Conference room.

Here are some activities you may enjoy:

On March 9, from 9 to 11 a.m.
At the Housing Conference room.

Thursday, February 14
The Jefferson County 4H Club meets from 9 a.m. to noon in conference room 3 at the Behavioral Health Center.

Friday, February 15
Food Pantry.

Saturday, February 16
Library Film Center.

Sunday, February 17
The Range Committee.

The Jefferson County 4H Club meets from 9 a.m. to noon in conference room 3 at the Behavioral Health Center.

Friday, February 15
The Jefferson County 4H Club meets from 9 a.m. to noon in conference room 3 at the Behavioral Health Center.

Saturday, February 16
The Range Committee.

Sunday, February 17
The Range Committee.

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Social Security statements
For those of you who are receiving Social Security ben-
efits now, new pay statements for 2019 were mailed out the second week of January.

The statements are used at Social Services as proof of income for the Neighbor-
hood Impact Program. It helps those affected to order the bills and other services that Social Services provide.

Bring your new statement in-
come letter to my office at the Family Services Office. To help you get the benefits you are entitled to receive please call my office at 541-553-3324.

Tribes’ Day
The Confederated Tribes of Warm Springs will join in celebration of Native American Heritage Month by hosting a Springtime Celebration on Monday, March 25, beginning at 11:00 a.m. in the Education building. The Springtime Celebration will feature the many talented artists of the Confederated Tribes of Warm Springs. The Morning Song will begin with a singing by the Warm Springs Children’s Choir, and the program will include traditional and contemporary art presentations on topics such as tribal cultures, his-

tories, priorities and futures. The day is sponsored by the nine federally recognized tribes of Oregon and the Legislative Commission on Indian Affairs (LCIA).

Employment workshops
Warm Springs offers employment workshops every Wednesday from 9:00 a.m. to 1:00 p.m. in the Employment office, and every Thursday from 9:00 a.m. to 1:00 p.m. in the Education building. For more information, visit the Employment website at jobadventuregallery.com or call (541) 771-7521.

To hunters
Whether successful or not, and regardless of whether you actually hunted in 2018, the tribal Branch of Natural Resources would appreciate this vital infor-

mation as soon as possible. The data is important for the Branch to determine wildlife population sizes, herd compositions, and hunting license use.

The information helps biologists to determine where the animals are, and why they are not. This helps focus habitat restora-

tion efforts on the reserva-

tions.

For off-reservation hunte-

rs, the results help the De
er and the Wildlife Management Districts in develop-

ing and implementing hunt-

ing regulations and game man-

agement goals within the off-reservation hunting ar-

 eas. Your continued support and participation in hunts reporting are greatly appre-

ciated. For further informa-

tion contact:

Doug Calvin, tribal Wildlife, Parks and Enforce-

ment manager: 541-553-

2043.

Audrian L. Smith Jr., Wildlife Department biolo-

gist: 541-553-2046.

Oswald Tias, Conserva-

tion Enforcement Range manager: 541-553-2033.

Any written materials submitted to Spilyay Tymoo should be addressed to: Spilyay Tymoo, P.O. Box 489, Warm Springs, OR 97761.

Phone: 541-553-2210 or 541-771-7521.

© Email: david.mcmchlan@wsrinsite.org

Annual Subscription rates: Within U.S. $20.00

Letters to the editor

Academy students post outstanding grades

Spilyay Tymoo (Compiled by Karen Hennessey)

Editor: Karen Hennessey

The Warm Springs Academy announced its Honor, High Honors and Highest Honors students in grades nine through twelfth.

Sixth grade


Seventh grade


E-Coosh EETA: What’s page 4

Spilyay Tymoo, February 18, 2019

Warm Springs artist Travis Bobb wishes Warm Springs Valentines Day!

Warm Springs VOCS shares data on teen dating violence

February is Teen Dating Violence Awareness Month, and Warm Springs VOCS staff and employees are working hard to provide services to those in need.

Three goals for youth who seek help are to have their voice heard, to receive support and to develop healthy relationships.

March is National Youth Violence Prevention Month, and we encourage students to be aware of the signs of abuse.

In this issue:

1. On three young people who seek help for issues with dating violence, and what types of services would you like to see them receive?

2. Teens who suffer da-

ting abuse are subject to long-term consequences like alco-

holism, eating disorders, relationship abuse, and emotional dating abuse.

3. In the U.S. 25 percent of high school girls have been sexually assaulted physically or sexually by someone they are romantically involved with.

4. Teens who are abused tend to have depressive symptoms, low self-esteem, and trouble maintaining healthy relationships.

5. Eighty percent of young men who experience rape or physical or sexual abuse will attempt to commit sui-

cide.

6. Eight states in the U.S. do not consider a violent dating relationship a domestic abuse.

7. Violent behavior often begins between sixth and twelfth grade.

8. At least 10 percent of young men who have been physically or sexually abused said they are “dating.”

9. Only one-third of the teens who were involved in an abusive relationship confi-

dently in someone about the violence.

10. Teens who have been abused hesitate to seek help because they do not want to expose themselves or are un-

aware of the laws surround-


pages 9-10
Tribal Northwest fisheries reports –

River temperatures

A move to initiate state regula-
tions of salmon-killing hot water in the Columbia and Snake rivers has been issued by the Trump Adminis-
tration—for now.

The Washington State Depart-
ment of Ecology initiated a pub-
lic comment process on draft per-
mits that would enable it to en-
force state water-quality stand-
dards at federal dams, including temperatures.

But last week the U.S. Environ-
mental Protection Agency wrote to the department to announce it is yanking the draft permits that were under review.

That has the effect of stopping, at least for now, Ecology’s effort to enforce its water-quality stand-
dards at federal dams for the first time.

Ecology was surprised by the move and is seeking more infor-
mation—and not backing down.

Bird predation

The federal government killed
thousands of double-crested cormorants living on a Columbia River island between 2015 and
2017 in an effort to help young salmon make it easier for the state and tribes to reduce the number of sea lions in the Columbia. President Trump signed the bill into law last month.

The new law amends the 1972 Marine Mammal Protec-
tion Act, allowing some Native American tribes—including the Confederated Tribes of the Warm Springs—to kill sea lions.

This change eases protections on sea lions in the Columbia River, the Willamette River and their tributaries.

Tribal officials immediately recognized the upsurge of sea lions—along with the pro-
tected species, the salmon run.

“Even the best laws have un-
intended consequences,” says Chuck Hudson, intergovern-
mental affairs director for the Columbia River Inter-Tribal Fish Commission. “Among those consequences is when a law protects one species so much that it conflicts with the Endangered Species Act.”

Congress at the end of 2018 passed a bill that would make it easier for the state and tribes to reduce the number of sea lions in the Columbia. President Trump signed the bill into law last month.

The pinnipeds eventually re-
turned to the Columbia River island between 2015 and 2017 in an effort to help young salmon make it easier for the state and tribes to reduce the number of sea lions in the Columbia. President Trump signed the bill into law last month.

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Tribal Council Candidates - Election 2019

Mike Clements - Agency District
Sal Samhe - Simnasho District

My name is Dan ‘Danny’ Martinez, and I am running for Tribal Council. I would like to share with you my goals and concerns for our community.

We are a strong nation. Our Elders generation is slowly dwindling away and most of the Elders are not willing to share important tradition, cultures, languages, Native Beliefs and The Native way of raising children from the older generation and even great grandchildren. This is due to the attitudes that we have never taught since birth the proper way of our tribe.

My goals are the following:

1. More emphasis on Cultural Heritage at the school grade level to promote a greater bond between young tribal children. Do more to address the needs of school age students, and ensure that they are taught the Conservation Rangers. Other goals include:

   a. Work for high school age students in the Warm Springs area. Look into what feasible agricultural sites for growing alfalfa, grass and hay can be grown. Some fields could be for small cattle to be used by local ranchers and others for commercial production and delivery to the valley in half-timber. With the old mill site to be possible site to be the potential site for commercial production and ranching and others for agricultural production and delivery to the valley in half-timber. With the old mill site to be possible site for commercial production and ranching.

   b. Foremost-sponsored hunters safety classes. Then set up a guided big game hunt program with the Conservation Rangers.

   c. Work for high school age students in the Warm Springs area. Look into what feasible agricultural sites for growing alfalfa, grass and hay can be grown. Some fields could be for small cattle to be used by local ranchers and others for commercial production and delivery to the valley in half-timber. With the old mill site to be possible site for commercial production and ranching.

   d. Set up cadet program experience and knowledge in public safety entities such as police, fire and ambulance.

   e. Start professional work intern programs at the courthouse and administration offices. Set up Agency family drug courts, and get the family involved.

   f. Need goals for Warm Springs sponsored college students, and provide a project of a Food Court.

   g. Set up an on-reservation dai- nery for hemp soil. Open a Kach-Nak-Ta-Village and the golf course on a seasonal basis.

   h. Kach-Nak-Ta Lodge and Spa, once a quarter, for two or three events at the same time in different areas of the lodge. Enhance the ap- siums programs at the lodge, and economy for economic ben- d, Dan Martinez.

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   h. Kach-Nak-Ta Lodge and Spa, once a quarter, for two or three events at the same time in different areas of the lodge. Enhance the ap- siums programs at the lodge, and economy for economic ben- d, Dan Martinez.

In 2001 I applied to serve as a Tribal Child and Family Services Agency District Representative. I was selected and sworn in to serve from May 2001 to April 2003.

In 2008 I applied for a job with the Warm Springs Police Department, and was hired as a corrections officer. I worked there from 1990-1994.

I then went through the Apprenticeship program and went to work for the Warm Springs Police Department, and was hired as a corrections officer. I worked there from 1990-1994.

I am now easily managed than passive tourism. Visitors are guided and oriented to correct behavior by our people they come to know. This makes an authentic, personal experience, and means a way to control visitor experience respectful of our culture and community. Ideas I would consider:

1. Use our telecommunications infrastructure to manage a central point of contact for res- erations, billing, mar- keting, and service qual- ity control.

2. Create Welcome Center including guest and retail stores.

3. Engage in tribal tourism businesses including a workforce development plan.

Neah Pethai - Sal Samhe

Greeting valued relatives and friends,

My name is Gerald Tufti, and I am 40 years old. My parents are the late Norm and Frances Tufti Johnson. I am an en- rolled member of the Confederated Tribes, here in Warm Springs. I am a single man, residing with and one of all three tribes, and I am honored to be a candidate from the Seekseequa District.

I live in Warm Springs all my life. I grew up here, and in no way have I left Warm Springs. I am someone that is passionate about the Seekseequa District.

I have a trust in Warm Springs all my life. I grew up here, and in no way have I left Warm Springs. I am someone that is passionate about the Seekseequa District.

In 2018, I became a married man, to my beautiful wife, Charlene, and legal parent to Esmalda and Calene. With that being said, I value: Not just time, but all time. I value family, and I see our community as a big family. If we work together, we could learn from one another, and then I know about families. Let us work through our differences and not see ourselves.

Also in 2018, I gradu- ated from Central Or- egon Community College with an A.A. in Early Childhood Education and with Diploma in Early Childhood Education. I am a CAD Life Long Learning Environment. I am currently enrolled at Oregon State University and Cascades in the Human De- velopment Family Science program. I plan on being an advocate in the social work field.

I value education. Going to school has taught me more than just education on core subjects, with skills such as networking, volunteering, working groups (ad world applications), presentation skills, interpersonal communi- cations and small groups communication and much more.

I encourage family and friends to get the hasis in college level courses or fin- ish all the way. I am part of the Early Childhood Education team here in Warm Springs, and it if I had to say anything about my career, it would be that working and volunteering is a reward. Children are our future, so I believe we need to continue to nur- ture their development, physically, mentally and emotionally.

Working with children taught me patience, another way to listen, poli- ces, and a lot of helpful tools to perform in a pro- fessional manner. My family, friends, education and place of work collec- tively are the backbone on my communication with family, friends and all those in the community.

There are many issues in Warm Springs that may need attention more than others. One is the water, others are job cre- ation and retaining our culture and heritage, the homeless situation, and the people’s choice with the cannabis referendum. What is the future? Is it a re- newal? What is it, and I feel it is being the most important.

My name is Gerald Tufti and I am honored to run, and thank you all for your time and support. Gerald Tufti

Helio, I’m Reuben Henry, I am running for Tribal Council, and I want to make money for the tribes, I will be in chambers 100 percent of the time. We need to vote.

Reuben Henry - Seekseequa District

Hello, I'm Reuben Henry. I am running for Tribal Council, and I want to make money for the tribes. I will be in chambers 100 percent of the time. We need to vote.

Reuben Henry - Seekseequa District

Hello, I’m Reuben Henry. I am running for Tribal Council, and I want to make money for the tribes. I will be in chambers 100 percent of the time. We need to vote.
Carina Miller - Agency District

Carina Miller is a member of the Confederated Tribes of Warm Springs. She has a Bachelor of Science in Ethnic Studies from the University of Oregon. She is the Tribal Affairs Manager for the WSNF Governmental Affairs Team and is the Tribal Representative for the Wasco District of Warm Springs. She is also a co-chair of the energy committee for the Affiliated Tribes of the U.S. She is the chair of the Native American Board of Directors for the Democratic Party of Oregon.

She worked for Head Start for The Umatilla Tribe and for Children's Department, eight years in the Family and Children's Program, and 22 years in for children and families be supported and grow and with the ability to provide more opportunity for healing and healthy spaces for those in recovery.

She is proud to be a member of the UNITE slate along with Dennis House, Jeffery Sanders, Simnasho, Charlene Dimnick who is running as a write in for Simnasho, Wishlist and Dustin Seyler who are running in Agency, Donna Lambert in Grand Ronde, in recovery.

Carina Miller is a member of the Confederated Tribes of Warm Springs. She has a Bachelor of Science in Ethnic Studies from the University of Oregon. She is the Tribal Affairs Manager for the WSNF Governmental Affairs Team and is the Tribal Representative for the Wasco District of Warm Springs. She is also a co-chair of the energy committee for the Affiliated Tribes of the U.S. She is the chair of the Native American Board of Directors for the Democratic Party of Oregon.

She worked for Head Start for The Umatilla Tribe and for Children.

Dustin Seyler - Agency District

Dustin M. Seyler (Wasco, Warm Springs, Colville, Pend d'Oreilles, Muskogee Creek) is a first-time candidate running for the Fish and Wildlife District. His education and work experience are centered around developing healthy and vibrant businesses.

He has worked in the U.S. Small Business Administration, the Confederated Tribes of Warm Springs, the Confederated Tribes of Warm Springs, and various tribal departments to help future generations obtain higher levels of education.

He participates in all aspects of the school as well, and shares career pathway information with the school counselors with hopes to get students thinking about their future at a younger age.

Dustin believes firmly that the education is the path to the tribe’s future. Working together to improve educational outcomes at all grade levels and ensure Tribal members have access to college and vocational training will result in a stronger and more dynamic financial situation, and the health and well-being of all our tribal members.

Dustin is the son of Dean and Jeannie Seyler. His paternal grandparents are Adeline (Aguilar) and Cecil Seyler. He is the great grandson of Adeline (Brunos) and Earvin Aguilar and a descendant of Paul and Susie Aguilar.

Following high school, he served four years in the in the United States Navy, where he sustained the rank of E-5 and had 25 people under his command.

After being honorably discharged, he obtained a degree in business administration at Western Oregon University and found work that allowed him to reenter developing healthy and vibrant businesses.

He is also on the Junior Vice Commander of the Warm Springs VFW Post 4217, and is actively working with various tribal departments to help future generations obtain higher levels of education.

For a child to grow and thrive, they must be able to work towards what they desire. The quote I believe is our elders’ wisdom, and that we need economic growth for future generations.

We need to utilize our natural resources, tourism and economic growth. The quote I believe is our elders’ wisdom, and that we need economic growth for future generations.

I am thankful for the support and encouragement my parents, grandparents and family have given me and feel good about making healthy choices. I would value all our natural resources gifted by the Creator. Our natural resources are important to us—Teachings from our ancestors, elders and extended family members.

I am very proud that we have: We are at the top of the organic food movement. Our water is the purest, most nutrient rich water in the world, and the late Ruby Donald.

I am a member of the Confederated Tribes of Warm Springs. My Indian name is Simnasho, also known as Emerson Schiemen.
Our tribe will need us, the people, to stand togeth- er and vote, or not vote, or voting, or not voting, or lack thereof, has an impact on the current state of our Tribe. We need to have hope for change, we need to stand up, the negativity of individuals or groups so our Tribe will be able to move forward.

Voting is an important voice, your young people hold the key to our future. We need you to advance our community. I often think of an old woman who is long gone, each and every one of us carry their spirit in our spirit and we need to recognize that strength. Your vote is that part of strength. Participate in voting and hold the voting majority: our young people will be able to move forward. We need you to advance our community. I often think of an old woman who is long gone, each and every one of us carry their spirit in our spirit and we need to recognize that strength. Your vote is that part of strength. Participate in voting and hold the voting majority: our young people will be able to move forward.

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Leona Ike

Marcia Soliz - Agency District Write-In Candidate

At minimum these are five responsibilities: being able to communicate barak and good news to others, communication and understanding manager of others, and to ask if you don’t know. Principles of leadership are, respect, and input. What are you for in an effective leader? Our leaders, the Most Important Leaders, because with them, they are educating the future generations. We have the ability, experiences, knowledge, developed history, of why we have people who have empathy, that they are able to understand actions of helping our people and Tribe.

We need people on Council that are able, trustworthy, and can speak with knowledge and confidence about many things, because they are the ambassadors for the Tribe and its people at the community level, state, regional, and national levels.

Leader has different level responsibilities, leader of people, leader of leaders, and leader of organizations.

Marcia Soliz

Taw ‘TJ’ Foltz

I began work for AHCC in 1987, and have continued to grow professionally in the Tribal Health arena.

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Randy Smith

Hello Tribal Members, I am Cassandra Katechis.

Katechis Caterina - Agency District

We need to focus on the well being of the community, and helping the people in need. We need to be able to listen to our children and the people they know.

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Cassie Katchia - Agency District

I am a very strong advocate for the American Indian Health Care Act and the Indian Self-Determination and Education Assistance Act. I am an expert in Tribal Government, tribal healthcare, and the Native American Health Services Act.

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It has been an honor to serve our community as one of the Agency representatives. I would like to say thank you for the nomination.

My focus has not changed in the three years that I have served you. My representative: Landscaping and installation have been the driving force in the work I do.

With support from a great team of people who work so hard every day, I feel that many have benefitted from that journey that enabled me to reach this position. We have made great strides to bring language and cultural education to the Warm Springs community.

It was good news for all of Indian country when the Obama administration signed the Every Student Succeeds Act. We worked closely with the Oregon Department of Education in government-to-government partnerships to work towards legislation, now referred to as the Senate Bill 33.

Senate bill 33 provides funding and distribution of culturally specific curriculum for the nine tribes and for the nine tribes of Oregon. This fund has been fought since the 1970s, to have a presence in the education system and to revitalize the tribes’ languages. Our ancestors have touched every home on the reservation, evident by the language. We can keep our children for generations to come.

Aurolyn Stwyer - Simnasho District

Valerie Switzer, Agency District - 2019 Candidates

Raymond Tsumpil - Simnassho District

Levi VanPelt - Simnassho District

Ron Suppah - Simnassho District

Argosy Tsumpil - Simnassho District

Aurolyn Sweyer - Na-kelahat

I am honored to report our team’s many successes for education that will benefit our children for generations to come.

I appreciate the districts, the tribes, and the community. I am here to put every effort toward our economic development and education. We must include the voice of our children, our future leaders, and to revitalize the tribes’ languages. Some people are skeptical that we will see change, but Kah-Nab-Na Tsawaksh shuttled, and I was one to vow to shutter the enterprise.

As the 2019 tribal council election approaches, the Confederated Tribes of Warm Springs finds itself facing various challenges on a number of fronts—both fiscal and social. In the past few years we have witnessed the closing of our reservation businesses and the failure of two of our enterprises to go off the reservation. Unemployment is at an all-time high, senior citizen poverty rates are reduced from $435 a month to $50 (roughly 33 percent), monthly per capita earnings down from $100. What will it end?

I point out these distressing facts not in place blame, but to remind us that there has been the tribes’ fiscal trajectory for the past several election cycles. We tribal members cannot afford to continue with the status quo.

Business as usual will not suffice. Now, more than ever, the people of Warm Springs need decisive and leaders in the tribal council to address these and other issues.

Decide and carry out a plan to reopen Kah-Nab-Na Tsawaksh.

Ron Boskin Senior Citizens Pensions to $435.

Carry the down-town plan to provide grocery shopping, hardware, and entrepreneurial opportunities to tribal members.

Get the cannabi project going, as approved by referred-end, and hire tribal memb-

tory for the people.

I am a displaced member of the Tribe since 1974.

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Aurolyn Sweyer - Na-kelahat

Amidst our successes have prepared us for the economic challenges for the next few years. This will require each one of us to become a stakeholder in our community. We must include the voice of our children, our future leaders, and to revitalize the tribes’ languages. Some people are skeptical that we will see change, but Kah-Nab-Na Tsawaksh shuttled, and I was one to vow to shutter the enterprise.

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Greetings to Warm Springs tribal members, Fine, I want to thank those of you who have given your time to run for Tribal Council. It gives me great pride and confidence with people listening to your voice and making a difference working with our governing body.

I have worked for the Warm Springs Indian Reservations since 1969. This has given me experience and knowledge of the tribes’ governing documents.

Looking back, I am proud of the Tribal Council of long ago who established a good path for us. I praise the past leadership that made good decisions with the final decision being the high consideration of our grand-children’s grand-children.

I am thankful of having the opportunity to work in various departments, such as tribal court, human services, federal, and presently Land Use Coordinating. These opportunities have allowed me to work with our elders and be present for the Warm Springs tribal members, especially thankful in assisting the tribal ordinances. I’m especially thankful in assisting the tribal ordinances.

I have served on tribal committees, Education and present Land Use Planning. I have served on the tribal enterprise board since 1973, and presently on the Warm Springs Tribal Council. This gives me the opportunity to be exposed to tribal documents like the enterprise charters, and other documents like the tribal ordinances. I am especially thankful in serving with parts of the tribal commercial code, to be able to bring in banking services that we have now. We have the Mid- Oregon Credit Union located in a small section of the casino building.

As I remember Warm Springs, we always wanted to have strong leadership, not only within the tribal organization but with many of our local tribal members being active in our community. The tribal organization is well established and there are good businesses in our community.

Now, as we turn with the times, we’re having to change. We all know the issues facing the Tribal Council. More importantly the shrinking revenues and the need to develop economic stability or way to develop revenue and create jobs for our people.

The tribal organization has been through a lot in the last couple years, having to close the mill, then Salem 2o.

But we’ve always pulled through and I would be glad to be part of the planning and work towards the soundness and footing of the organization to lead to

For the people of the Confederated Tribes of Warm Springs; but, I will be available to listen to our cherished leaders that made a difference working with our governing body.

My name is Wilson Wewa - Seekseequa District. I have a great sense of personal management. I have grown up in the back of our minds. My name is Brigette McConville - Seekseequa District. I have enjoyed serving for the Confederated Tribes of Warm Springs, Madras and COCC. I have associated degrees in accounting and business management. I have good verbal and written communication skills. I am conscientious of my time.

I have enjoyed serving for the Confederated Tribes of Warm Springs, Madras and COCC. I have associated degrees in accounting and business management.

I am asking for your vote to make the reservation better for everyone. I will serve with honesty and integrity, to ensure the health of our forest, our lands, our river and our economy.

Thank you, Wilson Wewa

My name is Lee Harley Tom. I’m 66 years old, proud of birth Warm Springs, Oregon. I’m running for Seatseequa District Tribal Council. I have lived my life in the Seatseequa District. I reside on a ranch when my mother Chro- nie Wewa Tom and Elmer Tom raised us as to aspects of growing old.

Things we need to do.

I have been consulted by those tribes, states and federal agencies on issues on elder abuse, healthcare, federal and state services that have a continual Indian presence in areas for all Indian people.

Having a network of friends, family, and colleagues we can help us grow; as we can get valuable information from those people who have expertise in the field, it will help us to move forward into the future.

I also served on the Tribal Council from 2007 to 2010 and represented Confederated Tribes of the Warm Springs. I believe that we cannot forget our history that it will help us to move forward into the future.

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I believe that this is my most important for tribal council members to have knowledge and always keep up in the back of our minds. I have a great sense of responsibility, but it is also a great responsibility.

I would appreciate your vote to be a part of the peoples for seven still great years. I have a great sense of responsibility, but it is also a great responsibility.

I enjoyed serving for the Confederated Tribes of Warm Springs.

My name is Harold ‘Boo’ Pennington. I was born 7-21-64. My mother is Eva McConville, and my grandpar- ents are Stella and Glennie McKenzie. My great-grandfather is Chief Charley McKinley. I am asking for your vote to make the reservation better for everyone.

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New walking group with Holistic Health

by Alicia Oberholtzer

Walking is a simple form of exercise that is linked to several health benefits. The American Diabetes Association recommends 30 minutes of moderate to vigorous intensity aerobic exercise, five days per week, for a total of 150 minutes of exercise weekly. This time can be split throughout the day with busy schedules. 

Ways to incorporate this goal into your lifestyle include parking your car farther from the door at the grocery store, taking the stair instead of the elevator, or waiting for a train rather than coffee. 

Another great option is joining a walking group, where you are supported by others. 

New Warm Springs Walking Club

Starting the month Warm Springs Holistic Health Clinic is starting a walking club. We will meet at noon in front of the Physical Therapy building every Wednesday.

- All ages, abilities, and paces are welcome. Bring water, though all walks are intended to be less than one hour. Please come rain or shine, and take advantage of some of the following health benefits that can be achieved through walking. Some examples:

  - Lower body mass index (BMI)
    - Individuals who walk 15,000 or more steps per day tend to have normal, healthy BMIs.

- Improve cardiovascular health:
  - Women who walk 30 minutes a day have been shown to reduce their risk of stroke by 20 percent, and up to 40 percent with a faster pace.

- Feel energized:
  - Short duration stair walking has been shown to be more energizing than a low dose of caffeine for sleep deprived young women.

- Strengthen immune function:
  - Regular aerobic exercise and physical fitness have been correlated to reduced rates of upper respiratory tract infections during the winter and fall common cold seasons.

- Lengthen your lifespan:
  - Individuals who exercise for an average of 15 minutes a day have been shown to have a three-year longer life expectancy than those who did not.

- Reduce risk of cancer:
  - Several studies have found relationships between higher levels of physical activity and decreased risk of breast, colon, and endome- rial cancer.

- Improve mood:
  - Single bouts of low to moderate intensity exercise have been shown to stimulate a rush of endorphins that reduce anxiety and depres- sion.

- Control blood sugar:
  - Fifteen minutes post-meal walks have been shown to improve glucose control for people with diabetes.

- Improve bone mass:
  - Thirty minutes of daily walking reduces the risk of hip fractures by 40 percent for post-menopausal women.

- Reduce joint pain:
  - Aerobic walking programs have been found to decrease pain and disability related to knee osteoarthritis.

- If you are interested in learning more about the Warm Springs Walking Club, please contact us at 541-747-2683. Or show up at noon on Wednesdays with a comfortable pair of shoes.

This program is weather dependent, so feel free to call us on the morning of walk for relative updates.

Alicia Oberholtzer

Iconic image of the mighty Celilo Falls.

Community notes...

The Twenty-Fourth Annual Eagle Watch is next Saturday and Sunday, February 23-24 at Bound Brook Overlook. The Confederated Tribes have joined Portland General Electric and Oregon Parks in hosting this family tradition.

The Warm Springs Dancers and drummers will perform on the Sunday afternoon of the event. The tribal performances have come to mark the conclu- sion, and for many a high-point of Eagle Watch.

The Warm Springs Community Action Team AARP Tax Aid is doing free tax preparation and filing.

This tax service will be done on Tuesdays and Thursdays through April 12, but you must make an appointment. Call 541-553-3448 or stop by the CAT office on campus to reserve a time.

The Caldera 2019 Open Studies is featuring its Artists in Residence and students, including Warm Springs artists. They will be arriving at Calders in Sisters on February 25 from 12:30-5:30 p.m. Art will share their work with the public. Admission is free and light refreshments will be served. The Caldera Arts Center address is 35000 Blue Lake Drive in Sisters. Jefferson Greene from Warm Springs is one of the featured artists. There will be one more (Open Studio on and March 23).

A Jefferson County Veterans Service Outreach officer will be in Warm Springs at the Warm Springs Senior Center on the 3rd Tuesday of each month. Appointments are available for the morning by call- ing 541-475-5228. Otherwise, the Veteran’s Service Officer will be available to answer questions during and after the senior meal that day.

On cold nights shelter is available

The Jefferson County Winter Shelter provides a safe cold weather shelter in Madras. The shelter will be open at the Madras Free Meth- odist Church, located on South Adams Drive, from February 6 to 7 a.m. to 7 p.m. On especially cold nights, call 541-325-2478 to find out if the shelter will be open.

Date to remember for higher education students

Spring Warm Springs Higher Education reminde students who plan to apply for the Tribal Scholarship that you should apply for FAFSA, the State Need Grant and Oreg- on Opportunity Grant before March 1 to be eli- gible for more funding. The Tribal Scholarship Early Bird deadline is May 5: Students who turn in application packets by this date will be eligible for certain scholarships.

The regular deadline is July 1.

Participating Confluence in education as Celilo project is on hold

by Colly Fagartu

A project to connect people with the rich In- digenous history of Celilo Falls on hold for the time being. The de- lay comes because of an objection from the Yakama Nation tribal government.

The Confluence Project at Celilo is the sixth and final art installation by the com- munity. It is a non-profit Confluence in col- laboration with Colum- bia River tribes and the celebrated artist Maya Lin.

The project continues to have support from other Columbia River rivers who Con- federated Tribes of Warm Springs, Con- federated Tribes of the Umatilla Indian Reser- vation and the Nez Perce Tribe.

They see a neol- development Celilo as an opportunity to educate people about Celilo Falls, honor the Indig- enous people of the Columbia River and strengthen the tribal presence in the public place. But the Yakama Na- tion, who are part of the U.S. Army Corps of Engi- neers, who manages Celilo, does not support any develop- ment without tribal consultation, public access there, and wishes the park to be decommissioned.

The Corps has said it will only move forward with the park redevelopment project with the sup- port of all four of these tribes along the Columbia River.

Confluence has been re- questing to re-es- tablish that support.

After a series of meet- ings with tribal councils, the Corps and engineers, Confluence will redirect its energies toward ongoing education initiatives, includ- ing Confluence in the Class- room, Confluence Out- doors, professional develop- ment for teachers and a digi- tal resource for educators, vision and anytime custom about a more inclusive un- derstanding of the Colum- bia River system.

We have taken this as an opportunity to listen superin- tently and reflect. Our guid- ing principles for moving for- ward are to listen first to our tribal partners and respect all voices along the Colum- bia River.

We also remember our onboarding training with the support of all four of these tribes along the Columbia River.

Confluence has been re- ceptful seeking to re-es- tablish that support.

The project also includes a badly needed repairs to the parking lot and facilities at Celilo Park.

The mission of Confluence is to connect people with the history, liv- ing cultures and ecology of the Columbia River system through Indigenous voices.

Confluence is a commu- nity-supported non-profit that works through its six art programs and community gatherings in collabora- tion with northwest tribes, communities and artists.

Colly Fagarty, ex- ecutive director, Confluence Project, 503- 720-512.

CollyFagarty@ConfluenceProject.org

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The Confluence Project at Celilo is the sixth and final art installation by the com- munity. It is a non-profit Confluence in col- laboration with Colum- bia River tribes and the celebrated artist Maya Lin.

The project continues to have support from other Columbia River rivers who Con- federated Tribes of Warm Springs, Con- federated Tribes of the Umatilla Indian Reser- vation and the Nez Perce Tribe.

They see a neol- development Celilo as an opportunity to educate people about Celilo Falls, honor the Indig- enous people of the Columbia River and strengthen the tribal presence in the public place. But the Yakama Na- tion, who are part of the U.S. Army Corps of Engi- neers, who manages Celilo, does not support any develop- ment without tribal consultation, public access there, and wishes the park to be decommissioned.

The Corps has said it will only move forward with the park redevelopment project with the sup- port of all four of these tribes along the Columbia River.

Confluence has been re- questing to re-es- tablish that support.

After a series of meet- ings with tribal councils, the Corps and engineers, Confluence will redirect its energies toward ongoing education initiatives, includ- ing Confluence in the Class- room, Confluence Out- doors, professional develop- ment for teachers and a digi- tal resource for educators, vision and anytime custom about a more inclusive un- derstanding of the Colum- bia River system.

We have taken this as an opportunity to listen superin- tently and reflect. Our guid- ing principles for moving for- ward are to listen first to our tribal partners and respect all voices along the Colum- bia River.

We also remember our onboarding training with the support of all four of these tribes along the Columbia River.

Confluence has been re- ceptful seeking to re-es- tablish that support.

The project also includes a badly needed repairs to the parking lot and facilities at Celilo Park.

The mission of Confluence is to connect people with the history, liv- ing cultures and ecology of the Columbia River system through Indigenous voices.

Confluence is a commu- nity-supported non-profit that works through its six art programs and community gatherings in collabora- tion with northwest tribes, communities and artists.

Colly Fagarty, ex- ecutive director, Confluence Project, 503- 720-512.

CollyFagarty@ConfluenceProject.org

On cold nights shelter is available

The Jefferson County Winter Shelter provides a safe cold weather shelter in Madras. The shelter will be open at the Madras Free Meth- odist Church, located on South Adams Drive, from February 6 to 7 a.m. to 7 p.m. On especially cold nights, call 541-325-2478 to find out if the shelter will be open.
New classes and job search assistance are now available at the tribal Education building.

Drop-in services are offered most Mondays, upstairs in the Workforce Innovation and Opportunity Act (WIOA) office. There is no appointment needed; so stop by and get one-on-one help with a variety of services including:

- iMatch Skills/WorkSource registration
- Signing up for unemployment, and filing for Unemployment
- Career guidance and assessments
- Resumes and cover letters
- Help with job applications
- Enrollment in WIOA and services

Stop in between 9 a.m. and 5 p.m. on February 15 or 25; March 1, 4, 11, 18 or 25.

There are free workshops upstairs at the Education building in the computer lab, offered most Fridays on a rotating basis. The classes do require a current iMatchSkills account and pre-registration. So come in during drop-in service time to get assistance signing up.

Classes include online job search basics (March 8); soft skills, job success (March 15 and 22), and staying positive while job searching (March 29). Hours are from 10 a.m. to 11:30 a.m.

Tallying the Lincoln’s Powwow results

Men’s Division
Traditional: Raymond Scott Jr., Window Rock. Saul Jaradze, Salem. Terry Holmahl Sr., Toppenish.


Women’s Division

Traditional: Kaiwin Clements, Warm Springs; Shelley Speedis, Toppenish; Lahnin Buss, Warm Springs.

Ladies’ Division


Long Live Cowboys

Potluck dinner
Feb. 15, 2019 @ 6:00 p.m.
Agency Longhouse

Come celebrate and honor the achievements of Isaiah Florendo 2018 International Miniature Rodeo Association Final Qualifier, and Sididake Spino-South 2018 Junior National Finals Rodeo Qualifier.

Goals / Objectives

- Bring awareness of the problem
- Give factual consequences (Cost to clean, impact of building & service loss)
- Educate on community resources
- Update triba baik codes
- Create a Healing Forest
- Complete Community Readiness Assessment

Meet 2nd Friday 9:00 am to 11:00 am at Greetie Hts. Community Bldg.
In the Tribal Court of the Confederated Tribes of Warm Springs

To the following individuals:

You are hereby notified to appear before the Tribal Court to serve as a juror on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be summoned to appear on the dates and times listed above, you may be 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you may be summoned to appear on the dates and times listed above, you may be summon...
Healthy Living: There is ‘fake news’ in food

Many marketers of food and nutrition products have no qualms about setting up fake news sites or stories that look reliable and familiar, but then “investigate” or “reveal” a certain product or supplement they want to sell you.

Consider the source when reading or learning about nutrition.

The term “nutritionist” is not a legally recognized credential.

Look for individuals who have a registered dietitian (RD) or registered dietitian nutritionist (RDN) credential.

One surprisingly easy place to start finding qualified nutrition information is by looking at U.S. government nutrition websites. The data on these pages are written by trained healthcare professionals.

You can learn more at one of these websites:

- choosemyplate.gov
- nutrition.gov
- health.gov

This Healthy Living message for Healthy Living is brought to you by the Warm Springs Diabetes Program, and by the Station on the Reservation, KWSO 91.9 FM.