

Spilyay Tymo

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November - Anaku Ipach'aanxa Yáamash

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Community update

The contagion rate of Covid-19 on the reservation has seen great improvement recently, with just one new positive test result in more than a week.

Since the pandemic began in March, the Warm Springs Health and Wellness Center has conducted 4,044 total, with 3,687 negative test and zero pending, as of Tuesday this week. There are five close-contact monitoring cases going one.

Since March there have 386 total positive cases among the membership, and nine deaths. In a related matter:

The Health and Wellness Center reports that 100 percent of federal employees on the reservation have received the seasonal flu vaccine. Meanwhile, close to 18 percent of the community has received the vaccine.

The turnout for the Halloween event at the Community Center appeared to have gone very well. The people were following safety guidelines with masks, distancing and families visiting booths one at a time, said Caroline Cruz, general manager of Health and Human Services.

Following the recommendation of the Covid-19 Response Team, Tribal Council decided the usual district and general council budget meetings cannot happen this year.

The 2021 tribal budget information is being provided to the membership through the mail and the tribal portal.

Twenty-Seventh Member Art Show

Treasures of the Tribal Member Art Show are now on display in the Changing Exhibits Gallery of the Museum at Warm Springs. This year the Judges Choice Awards went to Reina Estimo for her beaded medallion (far right), and Brutis Baez for his mixed media creation (right).

Edward Heath won Honorable Mention (see page 10), as did Pat Courtney Gold and Marjorie Kalama. All of these items and many more will be on display through early January. Stop by the museum Tuesday through Saturday, 9 a.m. to 5 p.m. Health safety measures are practiced.



Old Skool Bear in the New School World, multi media art by Brutis Baez—Judges Choice Award—Contemporary. And at right: Grandma is always with you, beaded medallion by Reina Estimo—Judges Choice Award—Traditional.



Detail from Water is Life, beaded belt by Marjorie Kalama—Honorable Mention Award (above). And at left: Timestamp, woven basket by Pat Courtney Gold—Honorable Mention Award.

Water system will be a focus in 2021

With so much else going on it may be easy to forget the critical domestic water situation on the reservation, in particular the entire Agency area where most of the tribal population lives. Some good news is that many people, within the tribes and from outside, are working to resolve this pending matter.

The federal and state governments recognize the need and obligation. And the same is true in the charitable private sector: The Chúush Fund—project of the MRG Foundation—is a great example.

Through this fund the MRG Foundation accepts donations on behalf of the tribes, then contributes 100 percent directly to the tribes for immediate work on the water system. This ongoing partnership began last year following the 76-day Agency water crisis.

At the time the people at the MRG Foundation heard about this, and worked with Tribal Council and management in establishing the Chúush Fund. Through this effort half a million dollars has gone to the tribes for water work.

Se-ah-dom Edmo is the executive director of the MRG Foundation. She met last week by teleconference for a Chúush Fund update with tribal leaders, and the Warm

Springs Community Action.

Travis Wells, general manager of tribal Utilities, explained that the tribes are looking toward some large scale repair work next summer. Anticipated cost may be somewhere between \$3.5- to \$4 million, Mr. Wells said. The U.S. Environmental Protection Agency can mandate improvements to the water system, he said, while leaving the mandates unfunded. The tribes make the upgrades within the limit of available funding.

Very briefly, the problem is that the Agency water distribution system, installed by the BIA, dates back to the 1930s. And the treatment plant is 40-plus years old, and beyond its projected useful life. Addressing all aspects of the water system will be in the range of many millions, or tens of millions of dollars. "And we want to thank all who are contributing," said Mr. Wells.

Marissa Ahern is the project manager of the Warm Springs Community Action Team Commissary Project. This will be a small business development project, creating local jobs and promoting economic development of the reservation. This could be a new precedent on the reservation, something to build on for years and generations. "The lack of infrastructure

makes it difficult," Ms. Ahern said. Reliable water will be especially essential for success, she said. For more on the Community Action Team Commissary Project, see the upcoming website, expected to launch on November 10: warmspringscommissary.org

Alyssa Macy is the chief executive officer of the Washington Environmental Council and Washington Conservation Voters. She was the tribes' chief operations officer

last year during the 2019 water crisis. It is hard to imagine any other community in the United States going 76 days without drinking water, and without some kind of national response. "If it were anywhere else," Ms. Macy said, "What would have happened?"

Some hope for a remedy comes from people like those at the MRG Foundation, she said.



1865 document is no more

The 'treaty of 1865' document is officially a thing of the past, now just a relique of an attempted fraud upon the Confederated Tribes.

Earlier this year Congress passed "A law to nullify the supplemental treaty between the United States of America and the Confederated Tribes and Bands of Indians of Middle Oregon, concluded on November 15, 1865."

Then last month—on Tuesday October 20—this legislation became law.

Official nullification had been a goal of Tribal Council and leadership for decades. The 1865 document was never enforced or recognized by the tribes or federal government. Nor has the state relied on its provisions, which appeared to relinquish tribal Ceded Lands off-reservation hunting, fishing and gathering rights.

In 1865 there was no compensation to the tribes in exchange for the alleged transaction; and the few signatures on the document were suspect.

The recent law disavowing this document reinforces tribal sovereignty, and the government-to-government agreement of the Treaty of 1855.



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New FCC license for digital expansion

The Confederated Tribes of Warm Springs is among the first tribes in the nation to receive a new kind of spectrum license from the Federal Communications Commission.

The tribes received one of the FCC's new 'Rural Tribal Priority Window' spectrum licenses. These are designed to close the "digital divide" between rural and urban areas; and to provide broadband and other advanced wireless services, including 5G to tribes.

Warm Springs was one of five Oregon tribes to receive a license. The others are the Confederated Tribes of the Grand Ronde Community, Confederated Tribes of the Umatilla Indian Reservation, Coquille Indian Tribe, Cow Creek Band of Umpqua Tribe of Indians.

In all, across Indian Country the FCC granted 154 license applications, out of more than 400 applications.

Survey asks about smoking at casino

There are close to 1,000 casinos in the U.S. that are 100-percent smoke-free. Of the total, 789 have been smoke-free for some time now. Another 175 casinos—including tribal casinos such as Indian Head—re-opened this year smoke-free as a result of Covid-19.

Even with extensive ventilation measures—as has always been the case at Indian Head Casino—indoor smoking exposes people to the hazards of second-hand smoke, and spreads respiratory droplets. The respiratory droplets are a means of spreading the virus.

Indian Head Casino re-opened in August following many adjustments, and new procedures to protect guests and staff. One of the changes was implementation of no-smoking on the casino property.

The casino is now weighing whether the smoke-free policy should become permanent. To make the determination, Warm Springs Prevention has worked with Indian Head to conduct a customer survey in regard to the potential new smoking policy.

Warm Springs Prevention Virtual Drum Making Event

You will need to pick up your kit in order to follow along during the virtual event.



Pick-up Date: November 5, 2020
Pick-up Time: 12:00 pm - 6:00 pm or distributed until all gone
Pick-up location: 1112 Wasco Street (Old school building next to the playground)

When your drum is completed please take a picture of it and send it to Joni.Wallulatum@wstribes.org

November

Ananku Ip'achanxa Yaamash
Ichishkiin snwit (Sahaptin Language)

Ichalxchaq Akłmin
REFERS TO FROST MONTH
Kiksht awawat (Wasco Language)

Nau muha
Numu (Palute)

FALL

Tiyam
Ichishkiin snwit (Sahaptin Language)

K'malalidix
Kiksht awawat (Wasco Language)

Tamanoo yebano
Numu (Palute)



The COCC First Nations Student Union welcomes you to join in three engaging cultural events as they celebrate Native American Heritage Month this November.

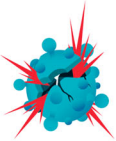


Keeping Customs Thriving
Wednesday, Nov. 4
6 to 7:30 p.m.

With Jefferson Greene

Jefferson Greene, of the Columbia River Institute for Indigenous Development Foundation, will share his presentation: *Keeping Customs Thriving*. Jefferson, who is an enrolled member of the Confederated Tribes of Warm Springs, was both culturally and academically educated. His vision is to keep his culture thriving through language, cultural harvesting, song, dance, and story. Please join us for Jefferson's live, virtual presentation.

cocc.zoom.us/j/98718548116



Responding to a Pandemic
Thursday, Nov. 12
5 to 6:30 p.m.

With Emily Washines & Chuck Sams

Emily Washines, Yakama Nation with Cree and Skokmish heritage, and Chuck Sams, Cayuse, Walla Walla, Cocopah, and Yankton Sioux, will share their presentation: *Responding to a Pandemic: An Indigenous Perspective*. Indigenous communities in our region have been hit disproportionately hard by the COVID-19 pandemic. Hear first-hand stories of the different ways in which tribes have responded as well as individuals and their resiliency. Please join us for Emily and Chuck's live, virtual presentation.

cocc.zoom.us/j/92847837717



Making Native Fry Bread
Wednesday, Nov. 18
6 to 7:30 p.m.

With Joie Simtustus-Chavez

Joie Simtustus-Chavez is an enrolled member of the Confederated Tribes of Warm Springs. Joie will be leading us through a demonstration on how to *Make Native Fry Bread*. Joie learned how to make this traditional food from her grandmother and mother. This was her family's "recipe" handed down in the traditional oral way. **Please have the following ingredients available: flour, salt, baking powder, and warm water.** This will be a live, virtual presentation with pre-recorded video.

cocc.zoom.us/j/97954015852



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In advance of College events, persons needing accommodation or transportation because of a physical or mobility disability, contact Joe Viola at 541.383.7775. For accommodation because of other disability such as hearing impairment, contact Disability Services at 541.383.7583.

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November Tribal Council agenda

The following are items on the November agenda of the Tribal Council of the Confederated Tribes of Warm Springs (subject to change at Council discretion):

- Wednesday, November 4**
- 9 a.m.: Warm Springs Composite Products update with Jacob Coochise, CEO.
 - 10: Timber LLC update with Cal Mukomoto.
 - 11: Housing Authority update with Danielle Wood, director.
 - 1:30 p.m.: Review minutes and resolutions with Michele Stacona, Secretary-Treasurer/CEO.
 - 2:30: Kaskala property discussion with Ellen Grover, tribal attorney.
 - 3:30: Fish hatchery lease discussion with Michele.
- Thursday, November 5:** Or-

- egon Legal Portal, Zoom meeting.
- Friday, November 6:** Cultural Task Force, Zoom meeting.
- Saturday, November 7:** Four Chairs meeting.
- Sunday-Friday, November 8-13:** National Congress of the American Indian, Seventy-Seventh Annual Convention and Marketplace, virtual online attendance.
- Tuesday, November 10:** Columbia River Gorge Commission, Zoom meeting.
- Wednesday, November 11:** Tribal closure in Observance of Veterans Day.
- Monday, November 16**
- 9 a.m.: Natural Resources update with Robert Brunoe, Natural Resources general manager.
 - 9:30: Education update with Valerie Switzler, branch general manager.

- 10: Health and Human Services update with Caroline Cruz, branch manager.
 - 11: Covid-19 update with Response Team.
 - 1:30 p.m.: Public Safety with Carmen Smith, branch manager.
 - 2:30: Public Utilities with Travis Wells, branch manager.
 - 3:30: High Lookee Lodge update with Greg Tippet.
 - 4: Museum at Warm Springs update with director Liz Woody.
- Tuesday, November 17**
- 9 a.m.: Human Resources update with Cheryl Tom.
 - 9:30: Governmental Affairs update with Louie Pitt.
 - 10: Finance update with Alfred Estimo.
 - 10:30: Administrative Services update with Michele.
 - 11: Purchasing update with

- Libby Chase.
- 11:30: Development Office update Bruce Irwin.
 - 1:30 p.m.: Managed Care update with Mike Collins
 - 2:30: TERO update with Wendell Jim.
 - 3: Cares Act funding update.

- Wednesday, November 18**
- 9 a.m.: School district memorandum of understanding discussion with tribal Education Committee, and Ken Parshall, district superintendent.
 - 10: Sign ordinance discussion with the Land Use Committee.
 - 11: Right-of-way ordinance discussion with Land Use.
 - 1:30 p.m.: Warm Springs ballfields rehabilitation grant project with Bruce Irwin.
 - 2:30: Family First Act with Cecelia Collins, Children's Protective Services.
 - 3: Wood cutting ordinance with the Timber Committee.
 - 4: Fish Accords discussion with

- Robert Brunoe and John Ogan.
- Thursday-Friday, November 19-20: Columbia River Inter-Tribal Fish Commission meeting by teleconference.
- Monday, November 23**
- 9 a.m. Secretary-Treasurer update with Michele.
 - 10: December agenda with Michele.
 - 11: Draft resolutions with Michele.
 - 1:30 p.m.: Legislative update calls.
 - 2:30: Enrollments with Lucille Suppach-Samson, Vital Stats.

- Tuesday, November 24**
- 9 a.m.: 2021 Budget approval with Alfred Estimo and Michele Stacona.
 - Wednesday, November 25:** Organization early shutdown at noon.
 - Thursday and Friday:** Organization closure for Thanksgiving.

Summaries of Tribal Council

- Monday, October 19**
- The meeting started at 9:10 a.m. by Chairman Raymond Tsumpti Sr. Roll call: Chief Alfred Smith Jr., Raymond Captain Moody, Lincoln Jay Suppah, Anita Jackson, Glendon Smith, Vice chair Brigitte McConville, Wilson Wewa Jr., Chief Delvis Heath. Minnie Yahtin, Recorder.
- Tribal freezer update with Robert Brunoe, general manager, Branch of Natural Resources; Mark Manion, Harvest manager; Travis Wells, general manager, Public Utilities; Raphael Queahpama, Fish and Wildlife Committee On-Reservation, and Ronald Suppah, Fish and Wildlife On-Reservation Chairman:
- Bobby, Travis, Ronald, Bruce Jim, Fish and Wildlife Off-Reservation Chairman, and Tim York of the Warm Springs Telecom are to work on a system to avoid any future situations regarding the tribal freezerk, and present the plan to Tribal Council on Monday, October 26.

- Draft Resolutions with Michele Stacona, Secretary-Treasurer:
- Appeals Court Judge Appointment:
- Motion by Anita adopting Resolution No. 12,733 appointing Patricia Davis as an Appeals Court Judge for the Warm Springs Court of Appeals: Tribal Council hereby appoints the Appeals Court Judges for the Warm Springs Court of Appeals and are appointed for a three year term by Tribal Council, and that per 203.100(5) during the first year from their initial appointment appeals court judges shall be on a probationary status. During the probationary period, appeals court judges may be removed from the bench at any time without cause by Tribal Council. Further, failure to pass the Tribal Bar examination during the first six months on the bench will result in immediate disqualification from hearing cases; and, if not corrected within 90 days, automatic removal from the bench; each of the Judges shall be compensated at the rate of \$150 per hour for the time they spend serving as judge. Second by Glendon. Glendon/Yes, Captain/Yes, Jay/Yes; Brigitte/Yes; Delvis/Yes, Alfred/yes; Wilson/Yes; Anita/yes, 8/0/0, Chairman not voting. Motion carried.
- Financial Strategies LLC Management Committee – to be advertised for a tribal member position.
- November agenda with Michele.
- To be continued following recommendations from the Covid-19 Team.
- Covid update with the Team. State legislative update call.

- Proposed Vehicle Pool project with Valerie Switzler, general manager, Education Branch.
- Health and Welfare Committee letter of recommendation for 'Impact of the Covid-19 Pandemic on Pharmacy Operations at an Indian Health Service Ambulatory Care Facility':
- Motion by Brigitte approving the Chairman to sign the letter to Hyllis Dauphinais, IHS CEO. Second by Jay; Captain/yes, Jay/Yes, Brigitte/Yes, Anita/Yes, Delvis/Yes, Glendon/Yes; 6/0/0, Chairman not voting. Motion carried.
- Motion by Brigitte to adjourn at 2:22 p.m.

- Tuesday, October 20**
- The meeting was called to order at 9 a.m. by Chairman Raymond Tsumpti Sr. Roll call: Chief Delvis Heath, Wilson Wewa Jr., Vice Chair Brigitte McConville, Anita Jackson, chief Alfred Smith Jr., Glendon Smith, Chief Joseph Moses.
- Updated draft Personnel Manual with Cheryl Tom, Human Resources director.
 - Police Investigations (executive session) with William Elliot, Chief of Police.
 - Tribal Council 401 (K) Pension Plan with Cheryl.
 - Proposed land purchase with James Halliday, Land Services:
 - Motion by Brigitte adopting Resolution No. 12,735 that Tribal Council hereby indicates its right and desire to purchase the interest of the decedent in land subject to the Act within the allowable timeframe. The Tribal Council Chairman send a Notice of Intent to Purchase the interests to the Su-

- perintendent on or before November 10, 2020, and the Secretary-Treasurer/CEO and Bureau of Indian Affairs are hereby authorized and directed to prepare and file all documents necessary to complete this Inheritance Act Purchase with funds from the real estate acquisition fund as quickly as possible. Second by Captain; Joe/yes, Captain/yes, Jay/yes, Brigitte/yes, Anita/yes, Wilson/yes, Delvis/no, Alfred/yes (phone), 8/1/0, Chairman not voting. Motion carried.
- Successor/mentorship discussion with Cheryl.
 - Fire salvage sale with Robert Brunoe and Vernon Wolf, Natural Resources.
 - Updated Draft Personnel Manual discussion continued with Cheryl.
 - Motion by Jay to adjourn at 4:35 p.m.

- Monday, October 26**
- The meeting was called to order at 9:05 a.m. by Chairman Raymond Tsumpti Sr. Roll call: Chief Alfred Smith Jr., Raymond (Captain) Moody, Lincoln Jay Suppah, Vice Chair Brigitte McConville, Anita Jackson, Glendon Smith, Chief Delvis Heath. Minnie Yahtin, Recorder.
- Tribal freezer update with Bobby Brunoe, Natural Resources general manager; Travis Wells, Utilities general manager; Tim York, Warm Springs Telecom; Ronald Suppah, Fish and Wildlife On-Reservation Chairman; and Rafael Queahpama, Fish and Wildlife On-Reservation:
- Motion by Captain approving funds get transferred from the HVAC work to pay for the backup generator for the tribal freezer repairs. Second by Jay. Captain/yes,

- Jay/yes, Delvis/yes, Alfred/yes, Anita/yes, Brigitte/yes; 6/0/1, Glendon/no vote. Chairman not voting. Motion carried.
- Other Business – Delson Suppah
- On behalf of the Confederated Tribes of Warm Springs, Chairman Tsumpti accepted the *Water Is Life* picture from Arlene Burns (by Delson), District 59 candidate.
 - Fish and Wildlife On-Reservation Committee update with Ronald and Rafael.
- Four Chair's Meeting will be hosted in Umatilla the first week of November.

- Covid-19 Team update:
- Tribal Council accepted the Team's recommendation to not have public budget meetings due to the

- uncertainty of the covid virus. The Secretary-Treasurer will include as much budget information as possible in the mail outs and on the tribal portal.
- Health and Welfare Committee update with Janice Clements and Eugene Greene Jr.
 - Education Committee update with Ardis Clark and TJ Foltz.
 - Land Use Planning Committee update with Jonathan W. Smith.
 - Enrollments and National Congress of American Indians delegations will be scheduled for tomorrow's meeting agenda.
 - Motion by Captain to adjourn at 4 p.m.

Summaries continue on page 5



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Letters to the editor

First quarter

The first quarter of the 2020-21 school year ends this Thursday, November 5.

At the high school this is the last day to have your work submitted for grading—and the grades will go on your transcript.

Material pickup and year-book-student ID pictures at the Madras High School commons are from 3 to 7 p.m. this Wednesday, November 4. Thursday, November 5 from noon to 3 p.m. is also material pickup at the high school.

The first day of the second quarter is Monday, November 9.

Regarding the 2020-21 MHS Yearbook: All pictures are due by 4 p.m. on Friday, January 8. Photos must be in color, in focus and include the student only (no friends, pets, props, etc.). Pictures should be vertical, or portrait, not landscape format.

Email to Ms PH on or before January 8.

Some other school notes: The Madras Future Farmers of America is rolling out the 2020 Turkey Raffle Fundraiser. “We have a locally raised, bronze turkey ready for your freezer and just in time for Thanksgiving,” says the Madras High School FFA.

For information on buying a ticket see: 22webbbl@whitebuffalos.net

Or visit the Madras FFA Facebook or Instagram pages; or the chapter website. Teen Hangout at the Jefferson County Library is Mondays and Thursday, 4-5:30 p.m. through December 6.

In-person student support

Small student groups began returning this week to Madras High School for in-person curriculum support from 1:15 to 3:15 p.m. each weekday. Transportation for returning students is provided.

This week and next week the small groups will include approximately 30 students from various grade levels that have been identified by support teams based on the highest need.

Every two weeks, more students will be invited to return to the campus based on highest need for support, said Brian Crook, Madras High School principal.

The idea is to provide the student support while preventing unnecessary risk to Covid 19, Principal Crook said. This is a district-wide

effort, and a first step toward getting students back in the classroom.

At WEDD

Wayne Miller is the new director of the Warm Springs office of Workforce and Economic Development, WEDD. Wayne is now overseeing all programs, projects and businesses falling under and within WEDD. Former director Ms. Melinda Poitra retired from the position earlier this fall.

Currently, Wayne will be at 541-553-3328. The fax number is 541-553-2203, located at Warm Springs Higher Education. His email is: wayne.miller@wstribes.org

Don’t hesitate to welcome Wayne, or contact him with any questions. Thank you.

SNAP waiver

A waiver approved by the U.S. Department of Agriculture Food and Nutrition Service allows SNAP—the Supplemental Nutrition Assistance Program—and Disaster SNAP recipients to purchase hot or prepared foods from authorized SNAP retailers until November 20.

Approved counties include Jefferson, Wasco and Deschutes counties. Normally, SNAP benefits cannot be used to purchase “hot food products prepared for immediate consumption.”

This restriction is being waived following conditions such as the wildfires, leaving some without access to a kitchen to prepare meals.

Madtown offer

The Confederated Tribes Human Resources Department has set up an exclusive deal for tribal employees to sign up for a no-contract membership to Madtown Fitness in Madras. This incredible offer is a way to start working toward a healthier you.

The cost is \$40 for the first month and \$30 each month after. You will have 24-7 access to the largest sets of gym equipment in Madras, and free fitness classes.

You must agree to a payroll deduction for your monthly membership to receive this rate. Just show your employee badge at Madtown Fitness, 15 SE B St., to get started. Phone 541-475-6474. If you have

Native American Heritage Month with COCC

Jefferson Greene and Joie Simtustus-Chavez of the Confederated Tribes will add to the Native American Heritage Month events with Central Oregon Community College.

Mr. Greene works with the Columbia River Institute for Indigenous Development Foundation. With COCC he will present *Keeping Customs Thriving* from 6 to 7:30 p.m. this Wednesday evening, November 4.

Mr. Greene will discuss the means of sustaining culture through language, cultural harvesting, song, dance and story.

Joie Simtustus-Chavez will give a fry bread cooking demonstration from 6-7:30 p.m. on Wednesday, November 18.

Ms. Simtustus-Chavez learned how to make the customary fry bread from her grandmother and mother, with the recipe



Courtesy COCC Native American program

With the COCC First Nations Student Union

handed down in the oral tradition.

Please have the following ingredients assembled prior to the event: flour, salt, baking powder and warm water. Also during COCC Native American Heritage

Month:

Responding to a Pandemic: An Indigenous Perspective is the focus of a talk from 5-6:30 p.m. on Thursday, November 12.

As indigenous populations are being disproportionately

impacted by the health crisis, hear firsthand stories from presenters Emily Washines and Chuck Sams on how some tribes have responded to the pandemic.

Ms. Washines is of the Yakama Nation, with Cree and Skokmish heritage.

Mr. Sams is of Cayuse, Walla Walla, Cocopah and Yankton Sioux heritage.

All sessions are free and open to the public. Go to this site for information: [bit.ly / COCCNativeAmericanMonth](https://bit.ly/COCCNativeAmericanMonth)



For information on these events, contact Michelle Cary, Native American program coordinator, at 541-318-3782.

Or you can email her at: mcary@cocc.edu

questions you can also call Kasheena Stevens at Human Resources, 541-553-3262.

School notes

In a letter to families the Jefferson County 509-J school district reported encouraging news from the state about updated Covid-19 metrics, and guidance for re-opening Oregon schools. Key changes include:

Incrementally increased access to in-person instruction at the elementary grades level; and a two-week ‘look back’ at the metrics data rather than one week at a time over a three week period. Other measures the state guidelines:

Remove state positivity rate in favor of county positivity rates.

509-J remains committed to a return to in-person learning but also supports families in making their own decisions for what is in the best interest of their students.

Preschool promise

Preschool Promise—a state-wide initiative to increase the number of quality, affordable spaces for children ages 3- or 4-years-old—has expanded to Central Oregon, and recruitment is open.

Preschool Promise is a model for a publicly-funded, high-quality preschool system that leverages high-quality, local and culturally-rel-

evant early child care and education programs and makes them available to children living at 200 percent of the poverty level.

Access to quality preschool programming ensures critical childcare needs are met and provides young children with development opportunities that directly connect to success in kindergarten and beyond.

The Early Learning Division of the Oregon Department of Education, through a grant process, awarded Preschool Promise contracts to eight local providers, including 509-J.

Burn permit

The Confederated Tribes burn ban for the reservation has been rescinded.

Although extreme fire danger currently doesn’t exist, the reservation continues to have dry fuel conditions, gusty winds and persistent drought and potential lack of water for fire suppression.

Everyone is encouraged to continue to take all precautions to protect people, property and resources from fire.

Remember, You do need a burn permit to burn any yard debris, which you can get from the Fire Management dispatch office; and you do need to call the Warm Springs Police Department if you are going to do any burning.

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Spilyay Tymoo
(Coyote News, Est. 1976)

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Editor: Dave McMechan

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Any written materials submitted to **Spilyay Tymoo** should be addressed to:

Spilyay Tymoo, P.O. Box 489, Warm Springs, OR 97761.

Phone: 541-553-2210 or 541-771-7521

E-Mail: david.mcmehan@wstribes.org
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Safely celebrating Native Pride Month

The Warm Springs Academy is celebrating Native Pride month with a Virtual Powwow and Cultural Show and Tell on Monday, November 9.

The month of celebration continues on November 16 with virtual Rock Your Mocs; and on November 20 with a Virtual Assembly with Supaman.

Visit the Warm Springs k-8 Academy website for more details. In order to partici-



pate in some parts of this event, like submitting photos or vides, the Academy will need guardian permission. The permission forms are

available on the website. Call 541-553-1128 if you have any questions.

“We are asking students to participate in these virtual events as part of Native Pride Month,” said Academy’s Ms. Yunker. “We definitely want to encourage participation so our school can feel like a community for students!”

See the website for a video showing students how to submit a flipgrid.

Summaries of Tribal Council

Wednesday, October 21

The meeting was called to order at 9:00 by Chairman Raymond Tsumpti Sr. Roll call: Chief Delvis Heath, Chief Alfred Smith Jr., Raymond (Captain) Moody, Lincoln Jay Suppah, Anita Jackson, Vice Chair Brigitte McConville, Wilson Wewa, Jr., Glendon Smith, Chief Joseph Moses. Minnie Yahtin, Recorder.

- Fisheries Enhancement Agreement in Hood River System with Robert Brunoe, Branch of Natural Resources general manager; Brad Houslet and Josh Newton, Fisheries, Natural Resources:
- Motion by Brigitte adopting Resolution No. 12,735: Tribal Council approves the Agreement regarding Fisheries Enhancement in the Hood River System, including its limited waiver of sovereign immunity provisions. That the Secretary-Treasurer/CEO of the tribe is delegated the authority to a final agreement and execute a final written Settlement and Release Agreement to the extent that it substantially conforms with the copy attached as Exhibit A. Second by Anita. Joe/yes, Captain/yes, Jay/yes, Brigitte/yes, Anita/yes,

Wilson/yes, Delvis/yes, Alfred/yes; Glendon/yes; 9/0/0, Chairman not voting. Motion carried.

- 1865 Nullification – Louie Pitt, Governmental Affairs:
- An announcement came from the White House that the President signed the nullification of the fraudulent 1865 Treaty.
- Indian Managed Care Entity with Michael Collins: Michael will meet with the Health and Welfare Committee.
- Bureau of Indian Affairs letter with Ellen Grover, tribal attorney:
- Motion by Brigitte authorizing the Chairman to sign the letter to Bryan Mercier, Regional Director, United States Bureau of Indian Affairs, Northwest Region regarding the Warm Springs Agency Realty Function – Tribal Transportation Program. Second by Captain; Joe/yes, Captain/yes, Jay/yes, Brigitte/yes, Anita/yes, Delvis/yes, Alfred/yes, Glendon/yes, Wilson/yes, 9/0/0, Chairman not voting. Motion carried.
- Oregon Department of Transportation amendment 3 with Michele Stacona, Sec-

retary-Treasurer:

- Motion by Brigitte adopting Resolution No. 12,736 that the Tribal Council hereby approves Amendment No. 3 to the Highway 26 Safety Corridor Agreement (attached to the resolution as Exhibit A). The Secretary-Treasurer/CEO is hereby authorized to execute and sign Amendment No. 3 to the Highway 26 Safety Corridor Agreement on behalf of the tribe. Second by Captain; Joe/yes, Captain/yes, Jay/yes, Brigitte/yes, Anita/no, Delvis/yes, Alfred/yes, Glendon/yes, 7/1/0, Chairman not voting. Motion carried.
- **Fire Salvage** with Robert Brunoe and Vernon Wolf, Forestry - Natural Resources:
- Motion by Anita adopting Resolution No. 12,737 that Tribal Council hereby authorizes the BIA, Forestry, Branch of Natural Resources and Warm Springs Timber Company to proceed with an expedited salvage for the Lionshead and P-515 wildfires. As required by IRMP for the forested lands, in consultation with tribal committees and the membership, an approved plan (Project Assessment) must be obtained from Tribal

Youth football camp at Academy

Youth football camp is coming up at the Warm Springs football field on December 8-10. The camp is for youth ages kindergarten through eighth grades, male or female.

The camp will be hosted by the Madras High School football coaches and the high school players. The camp will include fundamental skills, and basic knowl-

edge of the game, as well as fun games. The goal is to build a passion and love for the game throughout our great community.

The cost is \$25 per kid, \$40 for two in the same family; third kid is free. All covid guidelines will be followed including wearing a mask and social distancing. All participants will be screened daily. Parents are not allowed to stay at the venue during the camp times. The

camp will be streamed online via the MHS football Facebook page.

The Warm Springs camp time will be from 3:30 to 5 p.m.

The camp will also be at the Madras High School football field November 10-12, and 17-19.

For information contact Coach Taylor at 503-312-9680. Or email: ktaylor@509j.net

Tuesday, October 27

The meeting was called to order at 9:02 a.m. by Chairman Raymond Tsumpti Sr. Roll call: Chief Delvis Heath, Raymond (Captain) Moody, Chief Alfred Smith Jr., Lincoln Jay Suppah, Anita Jackson, Glendon Smith, Chief Joseph Moses. Minnie Yahtin, Recorder.

- Irrigation, Range & Ag Committee update – Terry Squimphen.
- November agenda with Michele Stacona, Secretary-Treasurer:
- Motion by Glendon approving the November agenda with additions. Second by Jay; Glendon/yes, Captain/yes, Jay/yes, Delvis/yes, Alfred/yes, Anita/yes, 6/0/0, Chairman not voting. Motion carried.
- Timber Committee update with Luther Clements and Tony Holliday.
- Culture and Heritage Committee update with Myra Johnson-Orange.

Motion by Anita to adjourn at 10:50 a.m.

Wednesay, October 28

The meeting was called to order at 9:2 a.m. by Chairman Raymond Tsumpti Sr. Roll call: Anita Jackson, Raymond (Captain) Moody, Lincoln Jay Suppah, Vice Chair Brigitte McConville, Glendon Smith, Chief Joseph Moses. Minnie Yahtin, Re-

corder.

Enrollments – Lucille Suppah-Sampson, Vital Statistics:

- Motion by Anita adopting Resolution No. 12,738 enrolling nineteen individuals. Second by Jay. Joe/yes, Captain/yes, Jay/yes, Anita/yes, Brigitte/yes, Glendon/yes, 6/0/0, Chairman not voting. Motion carried.

National Congress of American Indians (NCAI) delegates – Tribal Council:

- Motion by Captain adopting Resolution No. 12,739 appointing Brigitte as the Voting Delegate at all meetings of the NCAI; Anita as the Alternate Delegate; and to renew its affiliation with NCAI through remittance of the 2020 annual dues of as appropriate. That this resolution rescinds Resolution No. 12,593 adopted May 14, 2019; Second by Jay; Joe/yes, Captain/yes, Jay/yes, Anita/yes, Brigitte/yes, Glendon/yes, 6/0/0, Chairman not voting. Motion carried.

Other Business – Tribal Council:

- Discussed items sent by email from the Bureau of Indian Affairs.
- Information about the Racial Justice Council will be shared with all Tribal Council members.

Motion by Captain to adjourn at 9:50 a.m.

Reintroducing the Miller Lake lamprey

Miller Lake is located in the Cascade Mountains to the northeast of Crater Lake. Miller Lake was the home of a unique species of lamprey. In the 1950s the Oregon Game Commission tried to wipe out the species by dumping a large amount of a toxic chemical into the lake.

This was done to rid the lake of the lamprey, which were annoying to the anglers who enjoyed fishing there. The effort did work, and the lamprey disappeared from Miller Lake, along with all the other fish and aquatic wildlife.

Some years later, after the chemical had broken down, the trout were reintroduced into the lake. Then in the 1970s a fish biologist came across a preserved specimen



Courtesy ODFW

In the 1950s, to rid Miller Lake of native lamprey, the Oregon Game Commission dumps barrels of the pesticide into Miller Lake, killing the lamprey and all the other fish.

of the Lake Miller lamprey, and realized the species was unique.

For the next two decades

nothing was done, as the species was thought to be extinct. Then in the 1990s a Fish and Wildlife biologist caught a

brook trout downstream from the lake, which in 1950s had been blocked by a concrete barrier.

Attached to the book trout was a lamprey—identified as a Miller Lake lamprey.

This set in motion a long-term effort to return the lamprey to the lake. Fish and Wildlife took down the concrete barrier, to see if the downstream lamprey would migrate back to the lake. This didn’t work, though; so the effort began—led by a team of volunteer biologists—to relocate the downstream Miller Lake lamprey to the lake itself.

The effort continues every year, with evidence that native lamprey are taking up permanent residence once again in Miller Lake.

DEQ: Army Corps should pay to clean Bonneville Dam toxins

The Oregon Department of Environmental Quality is suing the U.S. Army and the Army Corps of Engineers over their refusal to cover the cost of cleaning hazardous substances on Bradford Island, at Bonneville Dam.

In the lawsuit, filed in October, the DEQ says the Army and Army Corps of Engineers are the current

owners and operators of Bradford Island and the Bonneville Dam and are required under the Comprehensive Environmental Response, Compensation, and Liability Act, and the Oregon Cleanup Law to cover any expenses incurred by the removal and treatment of hazardous substances.

The lawsuit says toxins in

the river are still impacting marine life.

Samples taken in 2011 of sediments, clams, and small-mouth bass show PCB concentrations are still too high to protect fish living nearby and people who eat the fish, the DEQ says.

After the agreement between the DEQ and Army Corps of Engineers had

been terminated, the Yakama Nation and Washington State Department of Ecology sent a letter to the U.S. Environmental Protection Agency asking for Bradford Island to be placed on the National Priorities List. If their request is approved, Bradford Island would eventually become a Superfund site.

Drought may worsen in winter

The largest and most intense drought in years is engulfing the West and threatens to grow larger and more severe in the coming months. The drought has already been a major contributor to record wildfire activity in California and Colorado. Its continuation could also deplete rivers, stifle crops and eventually drain water supplies in some Western states.

Nationwide, drought has expanded to its greatest areal coverage since 2013. More than one-third of the West is in “extreme” or “exceptional” drought, the two most severe categories, according to the federal government’s U.S. Drought Monitor.

In its winter outlook issued in late October, the National Oceanic and Atmospheric Administration cautioned drought conditions are expected to persist or worsen over large parts of the West during the December through February period, and expand farther east into the central United States.

PAPALAXSIMISHA COMMUNITY NETWORK

Meetings happen every 1st Thursday of each month

THURSDAY NOV 5
THURSDAY DEC 3

6:00-7:30 PM

. This space is to discuss our educational needs, wants and resources for all indigenous students, families, and communities while keeping our health, wellness, healing and empowerment in mind as we do this work.

For more info contact
Jaylyn or Jillisa Suppah
<https://www.facebook.com/papalaxsimisha>

~ Confederated Tribes Veterans Roll Call ~

As Veterans Day approaches, we pay tribute to the members of the Confederated Tribes of Warm Springs who in the past have served in the United States Armed Forces:

The following are the names of members of the Confederated Tribes of Warm Springs, and our tribal community, who have served in the United States Armed Forces:

Lloyd Adam
George Aguilar
Leroy Allen
Alexis Anguiano
An-Shike
Jesse Anstett
Larry Arthur
Tracy Arthur
Clifford Arthur
Assike
AJ Atencio
Lewis Baker
Victor Barkley
Cecil J. Bettles
Richard Biss
Freddie Blodgett
George Boise
Randy Boise
Stephen Boise
Daniel Brisbois
Daniel Broncheau
Curtis Brown
Lawrence Brown
Curtis Brown
John Brown
Bruce Brunoe
Gilbert Brunoe
Garland Brunoe
Ted Brunoe
Frank Brunoe
Cecil Brunoe
Linda Bryant
Anita Bryant
Dan Buckland
Tamera Calhoun
Charles Calica
Joe Calica
Gordon Cannon
Capolus
William Chamema
Chapman
Freddie Charles
Wesley Charley
Alvin Charley
William Chinook
Rain Circle
Alfred Clark
James Coburn
Lawrence Cohern
Albert Comedown
Cecil Connor
John Courtney

Terrance Courtney, Jr.
Daniel Craig, Jr.
Preston Cree
Culps
Emerson Culps
Emerson Culps, Jr.
Harold Culpus
Patrick Curley
Kenneth D. Curry
Jim Cushingway
Cushinwai
Kenneth Danzuka
Gerald Danzuka
Hamley Danzuka
Orville Danzuka
Sammy Danzuka
Hamley Danzuka
Sheilah Danzuka
Gerald Danzuka, Jr.
Anthony David
Ellison David
Phillip David
Anthony Davis
Harrison Davis
Harrison Davis
Mitchell Day
Benjamin Dick
Roscoe Dick
Levi Dowty
Dry Creek Billy
Lloyd Melvin Eder
Em-min
Joe Estabrook
Elvis Frank
Wilson Frank
Delbert Frank
Stanley Frank
Theodore W. Frank
Tony Fuentes
Aaron Gadberry
Alphonso Garcia
Manual Garcia
Old Man George
Johnny George
David L. Gibson
Alan Gilbert
Tony Gilbert
Lasco Gilbert
David Gonzales
Ray Grabner
Elton Greeley
Melvin Greeley
Elton Greeley
Hamilton Greeley
David Greene
Levi Greene
Eugene Greene
Raymond Gruben
Curtis Guerin
Johnnie Guerin
Peter Hall
Sammy Hatchet
Lundy Hawley
Kelsey Haywahe
Eldred Heath
William Heath
Kathleen Heath
Gaylord Heath
Kirby Heath

Roosevelt Heath
Roy Heath
Leo Hellon
Moses Hellon
Richard Hellon
Wilkins Hellon
Paul Henderson
Joe Hening
Vernon Henry
Elmer Henry
Louis Henry
Lewis Henry
Vernon Henry
Jerome Henry
Charles R. Herkshan
Enos Herkshan
William Spencer
Hicks
Leroy “Buddy”
Hicks
Tashna Hicks
Hitsu
Ray Lyle Holiday
Milton Holliday
Ray Edward Holliday
Sherman Holliday
Benjamin Holliday,
Jr.
Benjamin Holliday,
Jr.
Holliquilla
Sims Holliquilla

Home-wak-itha
Leslie Howtopat
Owhi Ike
Lavena Ike
Marvin Ike
Tyrone Ike
Raylene Ike-Tho-
mas
John Jack
Louis Jackson
Max Jackson
Zane Jackson
Steven James
Harvey Jim
Lyman Jim
Simon John
Wilford Johns, Jr.
Cyril Johnson
Reuben Johnson
Maurice Johnson
Morris Johnson
Simon J. Johnson
Raymond Johnson
Vesta Johnson
Reuben Johnson, Jr.
Henry Martin II
Kalama
Perry Kalama
Roland Kalama
D Kalama
Larson Kalama
Ronald Kalama

Thomas Kalama
August Kalama
Francis Kalama
Henry Kalama
Oliver Kalama
Leonard Kalama
Charles Kalama
Ross Kalama
Aaron Kalama
Martin Kalama II
Henry Kalama II
Ross Kalama, Jr.
David Kalani
Reginald Kalani
Richard L. Kalani
Ronald Kalani
Jim Kane
Ben Karpolis
Daniel Katchia
Daniel Katchia
Kee-Yak-Ka-Kun
Levi Keo
Spencer Keo
Tommy Keo
Elman Kishwalk
Kis-Towash
John Klonox
Charles Knight
Albert Kuckup
Kuckup
La-homes
Lamot



~ Confederated Tribes Veterans Roll Call ~

Joe Lane	Ray Moody	Bodie Shaw	Lloyd Smith	Tony Suppah
Larry Langley	Rob Moran	An Shike	Sophie Smith	Matthew Suppah
Alan Langley	Victor Moses	Raymond Shike	Andrew Smith	Franklin Suppah
Eric Langnese	Oscar Moses	Shk-we-yarksh	Janice Smith	Willard Suppah, Jr.
Spud Langnese, III	Derek Muniz	Shwa-kooksh	Kanim Smith	Shawnele Surplus
Carlo Leal	Mushin-pla	Frank Sidwalter	Alvis Smith III	Fabian Sutterlee
Louie LeClaire, Jr.	Elliott Palmer	Joe Sidwalter	Minnie Smith	John Swakia
Calvin Two Bears Lee	Jason Palmer	Sik-ma-num	McBride	Alex Swan
Denni Leonard	Harriman Palmer	Bertson Simtustus	Austin Smith, Jr.	Swan
Uren Leonard, Jr.	Emery Parker	Bertson Simtustus	Alfred Smith, Jr.	Swan-sah-kee
Harold Lewis	Eugene Parker	Sim-you	Claude Smith, Jr.	Delton Switzler
John F. Lewis	Mike Parkin	Skitus	Milan Smith, Jr.	Virgil Switzler
Orville Lewis	Nena Patt	Lawren Slockish	Oliver Sohappy	Larry Switzler
Melvin Lloyd	Felix Paul	Slook-ske	Wilford Sooksoit	Danny Tababoo, Jr. *
Edward Lucei, Jr.	Jim Pennington	Tell Smith	Ernest Spencer	Charles Tailfeathers
Edward Lucei, Jr.	Ray Picard	Gary Smith	Powell Spencer	Charles Tailfeathers,
Truman Lumpmouth	Piouse	Wynter Dawn Smith	Wilson Spencer	Jr.
T r u m a n	Pipeshire	Bruce Smith	Ed Spino	Ta-Symt
Lumpmouth, Jr.	Jack Pitt	Darryl Smith	Jackson Spooms	Ta-Wah
Daniel H. Macy	James Polk	Emerson Smith	L a w r e n c e	James Teeman
Richard Macy	Frank Polk	Janice Smith	Squiemphen	Manuel Teeman
Vinson Macy	Johnny James Polk	Randy Smith	L a w r e n c e	Louis Tewee
Lawrence Macy	Sam Poosh-ty	Raymond Gene	Squiemphen, Jr.	Willard Tewee
Richard Macy	Benny Powyowit	Smith	Jerry St. Germaine	Jake Thomas
Ed Manion	Antwain Pupino	Roger Smith	Roscoe Stacona	Joe Thomas
Daniel Martinez	Jim Quaid	Ronald Smith	Mark Stacona	James Thomas
Francisco Martinez	Shauna Queahpama	Roscoe Smith	Melvin Stahi	Edwin J. Thomas
Henry D Martinez	Raphael Queahpama	Russell Smith	Frank D. Stevens	Arthur Thomas
Joseph McInturff, Jr.	Melvin Queahpama	George Smith	Stocketly	Francis Thomas
Donald McKay	Johnny Quinn	Alfred Smith	Gerald E. Strong	Edwin Thomas
Ivan McKinley	Elmer Quinn	Alvin Smith	Erwin Stwyer	Robert Thomas, Jr.
Wesley McKinley	Arlie Raboin	Claude Smith	Suppah	Dennis Thompson
Oscar Meachem	David Red Fox	Milan Smith	Brian Suppah	Tkoo
Sam Meachem	Edward Reed	Woodrow Smith	Erland Suppah	
Clifford Meachem	Ed Reed			
Roy Meachem	Edward Reed			
Marvin Meanus	Frederick Reed, Jr.			
Me-Tot-Spelia	Armando Ribeiro			
Ben Miller	Jim Sahme			
Lamtxsni Miller	Saia-Ke			
Old Miller	William Sam			
Duane Miller	Sampson			
Sidney Miller	Gerald Sampson			
Duane Miller	Gerald Sampson			
Everett Miller	Rose Sanchez			
Harry Miller	Jeffrey Sander			
Kenman Miller	Robert Sanders.			
Kenman Miller	Rick Santos			
Davis Miller	Alverto E. Santos			
Willis Miller	Sa-pus-tia			
Percy Miller	Dry Ck Billy Sche-			
Willis Miller	Me-Che			
Wayne Miller	Schoolie			
John Miller	Elmer Scott, Jr.			
John Mission	Harvey Scott			
Pierson Mitchell	Leroy Scott			
Frank Mitchell	Hester Scott			
Jameson Mitchell	Richard Scott			
Jeff Mitchell	Ray Scott			
Patrick Mitchell	Samuel Scott			
Arthur Mitchell	James Selam			
Old Mons	Se-latsi			
Charles Moody	Cecil Seyler			
Huston Moody	Dustin Seyler			
Keith Moody	Seymoure			
	Nat Shaw			

VETERANS SURVEY

Name _____ ☐ TM ☐ Non-member

Address _____

Tel: _____ Email: _____

Branch of Service _____ Yrs Served ____ to ____

☐ Homeowner ☐ Homeless

☐ VA Benefits ____% Disabled ☐ Denied VA Benefits

☐ What medical service do you have? _____

☐ Wheelchair bound

☐ Driver ☐ Don't Drive anymore

☐ What do you need to improve your quality of life? (i.e. home improvements, wheelchair ramp, ride to appointments, home assistance, etc.) _____

Please return your survey to the Veterans Day Parade Check in Tent

Please note: If a name is not on this list and it should be, Please provide name, branch, and

year of service to this email: david.mcmechan@wstribes.org

By definition a veteran is one who has served in the U.S. Army, Navy, Air Force, Marines Corps, Coast Guard, or the Space Force.

Veterans groups have a list of local veterans that is updated by word of mouth. However, a survey has been formulated to gather such information, which will be useful to apply for grants to improve the quality of life for local veterans.

The information is kept confidentially by the Warm Springs American Legion Auxiliary. You can find more information at their website:

In the Tribal Court of the Confederated Tribes of Warm Springs

Note: All proceedings are held in the Tribal Court of the Confederated Tribes of Warm Springs.

RADINE / REVA JOHNSON, Petitioner, vs REVONNE JOHNSON, RESPONDENT; Case No. DO105-20. TO: RADINEJOHNSON, REVA JOHNSON, REVONNE JOHNSON:
YOU ARE HEREBY NOTIFIED that a SHOW CAUSE HEARING has been filed with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **3rd day of DECEMBER, 2020 @ 4:00 PM**

MERIMA MADE, Petitioner, vs ESTOMINA MADE, Respondent; Case No. DO75-20, DO74-20. TO: MERIMA MADE, ESTOMINA MADE, IVORY WATKINS, TONI MADE:
YOU ARE HEREBY NOTIFIED that a CONSERVATOR GUARDIANSHIP has been scheduled with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **8TH day of DECEMBER, 2020 @ 4:00 9M**

CTWS, Petitioner, vs L E N O R A WILLIAMS,Respondent; Case No. JV10-20. TO: LENORA WILLIAMS:
YOU ARE HEREBY NOTIFIED that a CUS-

TODY REVIEW HEARING has been scheduled with the Warm Springs Tribal Court.By this notice you are summoned to appear in this matter at a hearing scheduled for the **10TH day of December, 2020 @ 3:00PM**

CTWS, Petitioner, vs VIRGINIA McKINLEY Respondent; Case No. JV72,73-17. TO: VIRGINIA McKINLEY, ANDREW SMITH SR., CPS, JV PROS, P&P:
YOU ARE HEREBY NOTIFIED that a SUPERVISED PROBATION REVIEW / ASSISTED GUARDIANSHIP / SHOW CAUSE has been scheduled with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **13TH day of JANUARY, 2021 @ 10:00 AM**

CTWS, Petitioner, vs JOSE GARCIA, Respondent; Case No. JV5,6-13. TO: JOSE GARCIA:
YOU ARE HEREBY NOTIFIED that a ASSISTANT GUARDIANSHIP REVIEW / MODIFICATION has been scheduled with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **28TH day of DECEMBER, 2020 @ 4:00 PM**

CTWS, Petitioner, vs LIVICIANA FELDMAN, RESPONDENT; Case No. JV85-03. TO:

ANTONIA WHASISE, JAMIE FELDMAN, ERIC & BRENDA HEINSO, LIVICIANA FELDMAN:
YOU ARE HEREBY NOTIFIED that a ASSISTED GUARDIANSHIP REVIEW has been filed with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **9th day of December, 2020 @ 4:00 PM**

CTWS, Petitioner, vs S O N Y A STORMBRINGER, RESPONDENT; Case No. JV118-07. TO: KEVIN & PAM HUG, SONYA STORMBRINGER:
YOU ARE HEREBY NOTIFIED that a ASSISTED GUARDIANSHIP REVIEW has been filed with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **9th day of DECEMBER, 2020 @ 3:00 PM**

CTWS, Petitioner, vs KATIE MAE FRAZIER, RESPONDENT; Case No. JV36-20. TO: KATIE MAE FRAZIER:
YOU ARE HEREBY NOTIFIED that a SHOW CAUSE HEARING has been filed with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **7th day of DECEMBER, 2020 @ 2:30 PM**

A N T H O N Y BLUEBACK, Petitioner, vs LILLIAN BLUEBACK,

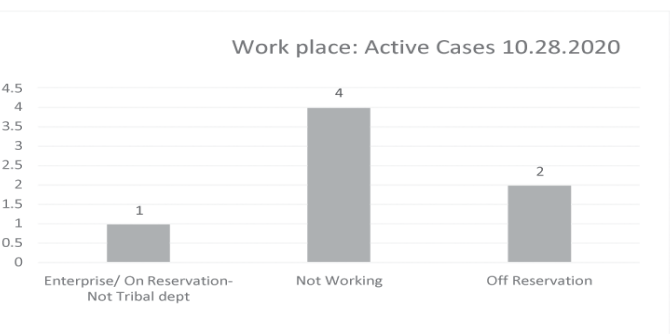
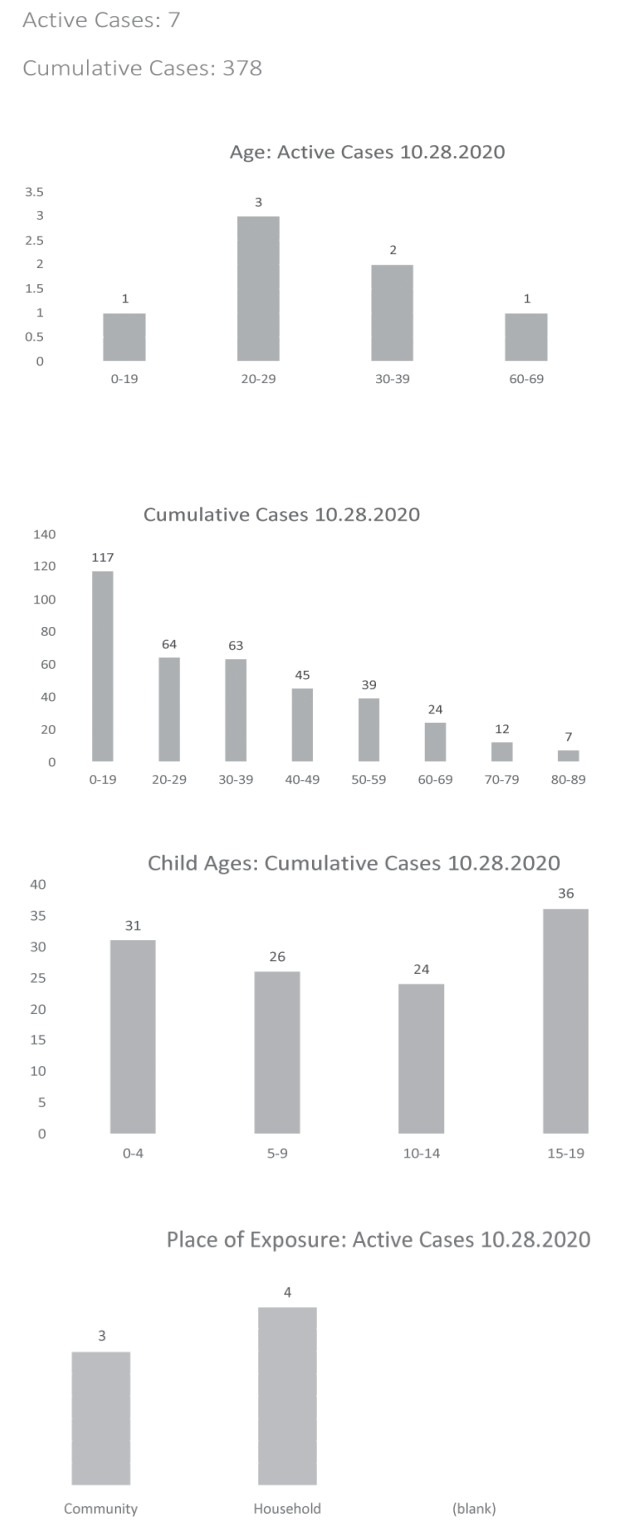
RESPONDENT; Case No. DO119-20. TO: ANTHONY BLUEBACK, LILLIAN BLUEBACK:
YOU ARE HEREBY NOTIFIED that a DISOLUTION OF MARRIAGE has been filed with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **7th day of DECEMBER, 2020 @ 2:00 PM**

CTWS, Petitioner, vs LYLE RHOAN JR. , RESPONDENT; Case No. JV257-03 JV278-01. TO: LYLE RHOAN JR.:
YOU ARE HEREBY NOTIFIED that a SHOW CAUSE HEARING has been filed with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **30th day of NOVEMBER, 2020 @ 4:00 PM**

CTWS, Petitioner, vs JENNY BIRD, RESPONDENT; Case No. JV148-08. TO: AARON KEELE, JENNY BIRD, JV PROS, CPS:
YOU ARE HEREBY NOTIFIED that a CUSTODY REVIEW has been filed with the Warm Springs Tribal Court. By this notice you are summoned to appear in this matter at a hearing scheduled for the **7th day of DECEMBER, 2020 @ 3:00 PM**

These graphs—below at left and below—chart the most recent available reservation Covid-19 case demographics. The information is provided by Community Health, IHS, Health and Human Services, and the Confederated Tribes Covid-19 Response Team.

Case Demographics: 10.28.2020

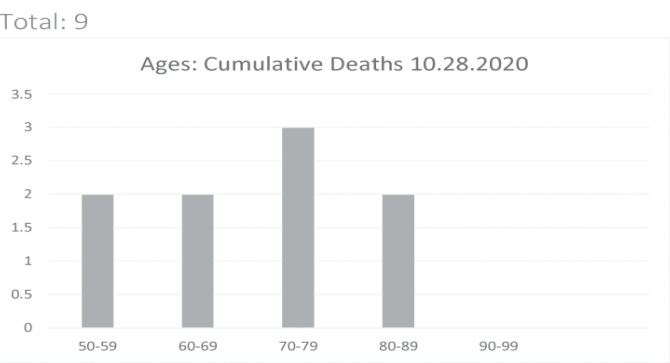


Hospitalizations:

Inpatient: 0

Total Discharged: 43

Deaths:



Ways to strengthen your cardiovascular system

by **Alicia Oberholzer**
Physical Therapist
W.S. Holistic Health

The cardiovascular system is a complex network made up of the heart, blood, and vessels. Its intricate connections extend through the entire human body.

If all of the vessels were laid flat, they would span a distance of 60,000 miles.

This is enough to wrap around the world twice. This system works together to move blood to the organs, tissues and cells. Oxygen and nutrients are delivered while carbon dioxide and waste are removed.

Regular exercise strengthens the cardiovascular sys-

tem and makes it more efficient. This means that each time the heart beats, it will pump out more blood. This slows down the resting heart rate and reduces blood pressure.

Exercise can also spark the development of new blood vessels and help the body become better at pulling oxygen from the blood.

Both of these mechanisms aid in circulation and decrease stress on the heart.

In order to optimize cardiovascular fitness, it is important to monitor and understand heart rate. This can be a great way to track the intensity of physical activ-



ity and progress towards healthy goals.

Resting heart rate: This is how fast the heart beats at rest. A normal resting heart rate ranges between 60 and 100 beats per minute. To measure resting heart rate, first locate the radial pulse. This is located on the wrist, just up from the thumb.

Using the index and middle finger on the opposite hand, count the number of beats that occur in one minute.

Estimated maximum heart rate: This is an estimate of the fastest that the heart can possibly beat. The simplest way to calculate this

is by subtracting age from 220.

Target heart rate: Target heart rate refers to a range in which the heart is being conditioned but not over-worked. This is expressed as a percentage of maximum heart rate and can be used as a guide for exercise intensity.

For moderate intensity physical activity, heart rate should fall between 64 and 76 percent of the maximum heart rate.

This may be achieved by hiking, riding a bike, or dancing. For vigorous activity, the target heart rate ranges between 77 and 93 percent of the maximum heart rate.

Individuals may work into this zone through running, chopping wood, or jumping rope.

Example for a 50 year old individual:

Estimated Maximum Heart Rate: 220 minus 50 equals 170 beats per minute

Target heart Rate for moderate intensity activity: 109-129 beats per minute

170 times 64 percent equals 109 beats per minute.

170 times 76 percent equals 129 beats per minute.

Target heart rate for vigorous intensity exercise: 130-158 beats per minute.

170 times 77 percent equals 130 beats per minute.

170 times 93 percent equals 158 beats per minute.

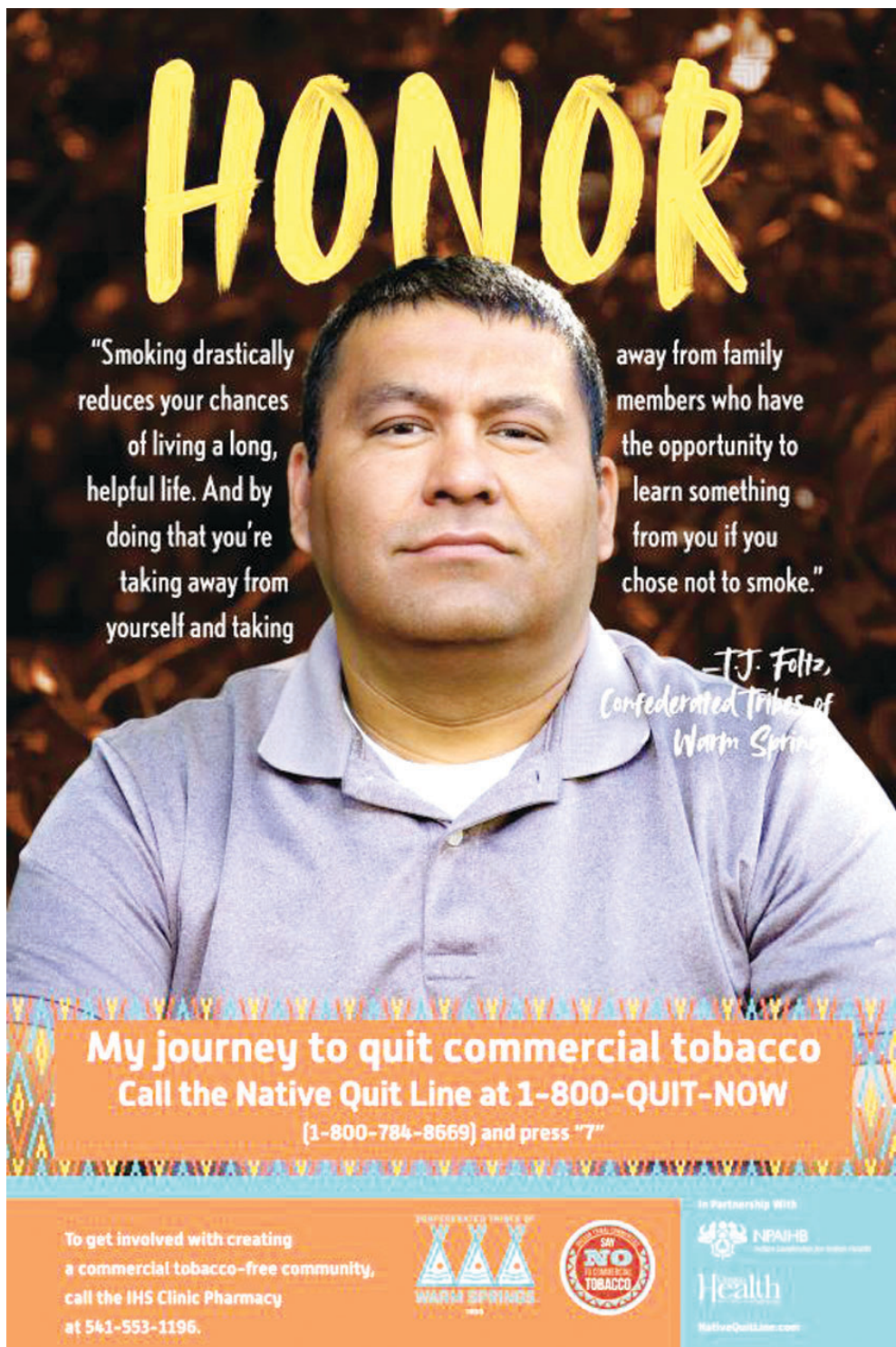
Heart rate monitoring can

be done during all kinds of physical activity.

For those with a history of cardiovascular pathology, it is necessary to consult with a medical doctor before beginning a conditioning program. Certain medications can also affect how the heart responds to exercise.

If you are interested in learning more about how exercise and movement can benefit your health, feel free to reach out to one of the physical therapists at Warm Springs Holistic Health.

Warm Springs Holistic Health is open 8 a.m. to 5 p.m., Monday through Friday. Appointments are required. Call 541-777-2663 to learn more. The center, a program of Managed Care, is located on campus next to the courthouse.



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<div>2009</div> <div>Chevrolet HHR - 132,734 miles - \$7,995 #93295C</div> <div></div>	<div>2013</div> <div>Ford Explorer - 90,189 miles - \$20,995 #25723A</div> <div></div>
<div>2015</div> <div>Chevrolet Silverado - 152,995 miles - \$23,995 #C0132A</div> <div></div>	<div>2016</div> <div>Chevrolet Cruze - 71,766 miles - \$11,995 #34309A</div> <div></div>
<div>2016</div> <div>BMW 328i - 77,001 miles - \$22,995 #95581A</div> <div></div>	<div>2016</div> <div>Buick Cascada - 11,828 miles - \$22,995 #87219A</div> <div></div>
<div>2016</div> <div>Audi A3 - 40,000 miles - \$28,995 #73188A</div> <div></div>	<div>2016</div> <div>Chevrolet Suburban - 63,249 miles - \$45,995 #65567A</div> <div></div>
<div>2017</div> <div>Buick LaCrosse - 50,326 miles - \$23,995 #79235A</div> <div></div>	<div>2018</div> <div>Chevy Equinox - 68,825 miles - \$24,995 #87294A</div> <div></div>
<div>2019</div> <div>GMC Sierra - 20,197 miles - 43,995 #47496A</div> <div></div>	<div>2020</div> <div>Buick Encore - 2,783 miles - \$27,995 #93576A</div> <div></div>



Golden Horizon, photograph on metal by Edward Heath – Honorable Mention, Tribal Member Art Show, Museum at Warm Springs.

Federal protection for wolves removed

The federal government recently removed federal protections for gray wolves in most of the United States, leaving it to individual states and tribes to decide the fate of the species.

The U.S. Fish and Wildlife announced the end of Endangered Species Act protections for Gray wolves in the lower 48 states, after spending 46 years under federal protection.

According to the most recent U.S. government data, there are 158 108 wolves in Oregon, 108 in Washington state, and 15 in California.

A number of wolves live on the reservation of the Confederated Tribes of Warm Springs.

The largest population of



Courtesy WSNR

Wolves seen some time ago on the Warm Springs Reservation.

wolves in the lower 48—about 4,400 gray wolves—live in the western Great Lakes states.

Oregon dropped its own endangered-species protections for wolves in 2015. It had been relying on federal protections for the western two-thirds of the state and has its own management

plan for the easternmost third.

A spokesperson for Oregon Gov. Kate Brown said that federal protection was an important factor in how Oregon’s wolf recovery plan is designed.

The aide, Charles Boyle, said the Oregon plan is based on science and is working well for both ranchers and bringing back Oregon’s wolf population.

“The timing of these proposed changes to federal wolf protections is suspect, and needlessly politicizes this issue,” Boyle said.

“Our wolf recovery plan is working in Oregon—We don’t need the federal administration to fix something that isn’t broken.”

Birth

Morgan William-Jo Wolfe

Terence Wolfe and Cheyenne Parsons of Madras are pleased to announce the birth of their son Morgan William-Jo Wolfe, born on October 27, 2020.

Morgan joins brother Mason, 6.

Relatives on the father’s side are Roy Spino of Warm Springs (grandfather); and Rosaline Moran of Warm Springs (great grandmother); Katie Blackwolf of Pendleton (great grandmother).

Grandparents on the mother’s side are Bevins Stocking of Portland (great grandmother); and Nancy Collins of Madras (grandmother).



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